

# MGW

MOM GUESS WHAT NEWSPAPER

Volume 18 ▼ Issue 261 ▼ March 1, 1995

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COMP

## Olympic superstar Greg Louganis tells his story

Olympic diver Greg Louganis announced he has AIDS on a taped interview with Barbara Walters for the ABC-TV news magazine "20/20" which aired February 24.

The *Sacramento Bee* reported that Louganis said he knew he was HIV-positive before the 1988 Summer Olympics in Seoul, South Korea, and was greatly concerned when he hit his head on the board during a dive and shed blood in the pool.

Louganis said his wound was stitched by a doctor who did not know of his condition and was not wearing gloves.

Louganis, 35, joins a number of star athletes who said they had AIDS or were infected with HIV. Magic Johnson left the Los Angeles Lakers in 1991 after saying he was infected with HIV. Tennis great Arthur Ashe and Olympians John Curry and Thomas Waddell died of AIDS-related causes.

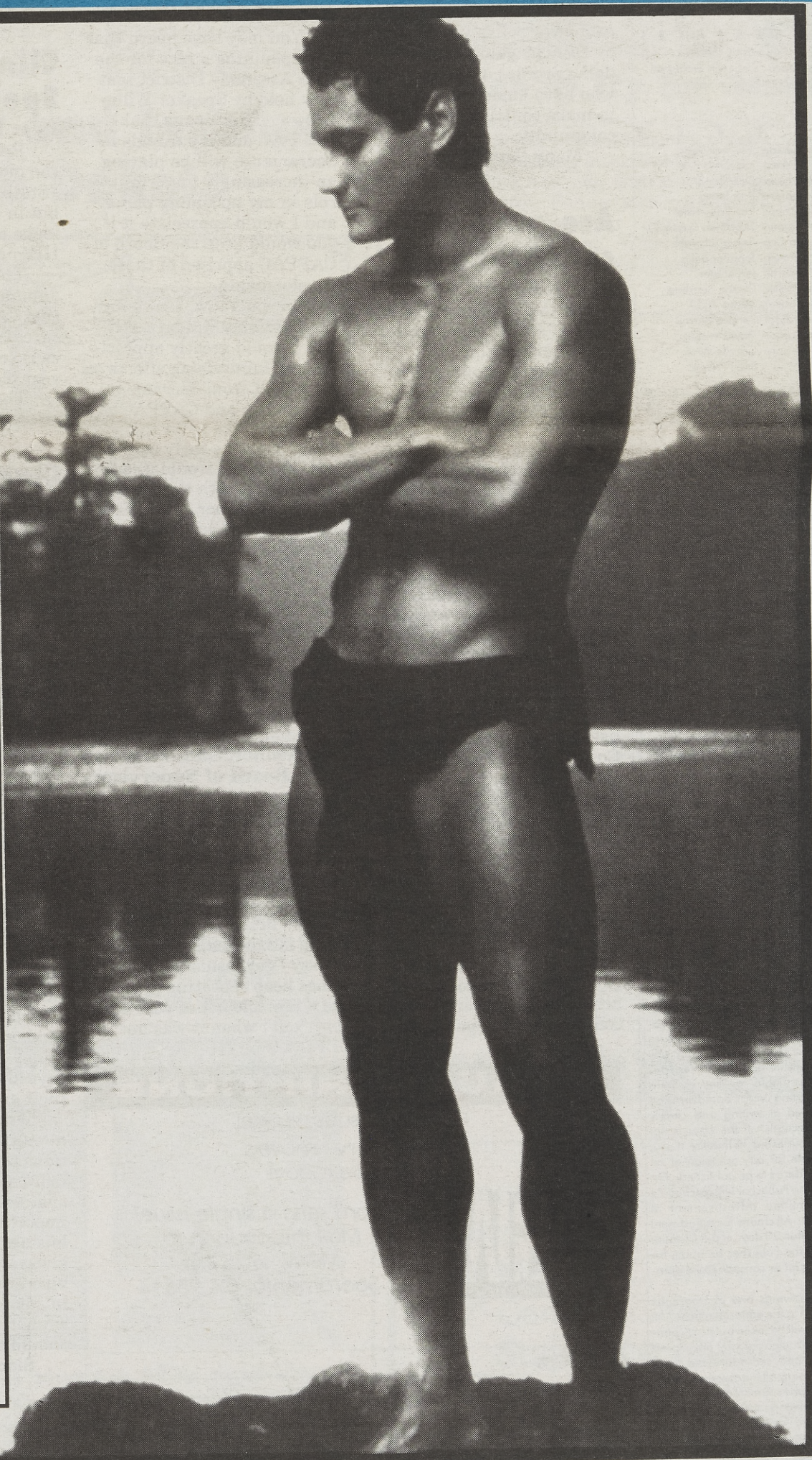
Louganis said he received word that a former companion was dying of AIDS six months before the Seoul Games.

Louganis has written a book *Breaking the Surface*, by Random House. In the book, he discusses his career, including winning in the Olympics, as well as his homosexuality, which he acknowledged at last year's Gay Games in New York.

Dr. James Puffer, the physicians who stitched Louganis' wound, was tested and found HIV negative.

Louganis has pursued an acting career — appearing in *Jeffrey*, a play about life in the age of AIDS, portraying a dying chorus boy.

In the summer of 1990, he appeared at the Music Circus in Sacramento, playing the role of Tony in *The Boy Friend*. ▼





# MGW

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## Many thanks!

Dear Editor:

I was very touched and flattered by the article that Marghe Covino did on me in the *MGW* in the January 15, 1995 issue. I never thought I'd be both a cover boy and a centerfold at this point in my life! I think Marghe did an excellent job of integrating a lot of information covering over twenty five years.

I hope you'll continue doing profiles of individuals who have made and continue to make contributions to our community.

Many thanks,  
Marty Rogers

## Are gays constituents?

Dear Editor:

In the February 15, 1995 issue of *MGW*, there appeared a most interesting, and serious letter from Andrea Hill of the office of newly elected Secretary of State - Bill Jones. In the letter, after a "Dear Friends" salutation, Ms. Hill "include(s) a copy of your mailing label so you may remove us from your mailing list."

Interesting, in that she goes on to say: "Thank you for your assistance and if this office can be of any assistance to you in the future, please do not hesitate to contact us. Sincerely, ..." and so on.

Serious — and revealing — that Ms. Hill's position is listed as "Assistant Chief - Constituent Services" and thus, two things become painfully obvious: (1) Ms. Hill has not even the slightest clue as to who the office's "Constituents" are or Mr. Jones does not/or, tragically, neither of them know, and (2) serious doubts arise as to what "assistance" California's large and vocal gay/lesbian/bisexual community of taxpayers and voters could possibly hope to gain

from so high and important an office whose evident policy is so blatantly and openly declared.

As Ms. Hill and Mr. Jones view the opulent new edifice built for the Department of State with funds of all constituents, and Mr. Jones vainly struggles to fit into the very open and capable shoes of his "acting" predecessor, he and Ms. Hill should closet themselves to think and reflect upon the meaning of the office they now hold - "Secretary of State" to all people, points of view, life-styles, and membership in this giant body of folks we all call California.

My best regards,  
Stanley Harwood  
Jackman

## Migden throws in her hat

Dear Editor:

You may have heard that I am planning a race for the 13th Assembly District seat now held by Speaker Willie Brown. This means that CAPPAC and my friends in Sacramento will be playing an increasingly important role in my upcoming plans, and I would appreciate it if you would keep the Board of CAPPAC apprised of these developments.

As you know, a race for the Assembly will be costly and I would greatly appreciate any fundraising efforts on my behalf from Sacramento community and CAPPAC. I also would like to let the Board know as early as possible that I would like to be involved with the 1996 CAPPAC dinner. Hopefully by that date I will have a March primary victory behind me and we'll be heading toward the November elections.

Thank you for all your help and best of luck with this years June 3rd CAPPAC Annual Dinner.

Sincerely,  
Carole Migden  
Member, San Francisco  
Board of Supervisors

## Thank you to our founders

Dear Editor:

Your article on Marty Rogers in the Jan. 15, 1995 issue is excellent. Why the glossy "gay/lesbian" magazines keep repeating articles on a few celebrities who were not "out" when it was not

"in," I don't know. It is early leaders who should be respected for their work and honored, not some "famous" person who came out when he or she could exploit the newly gained interest in homosexuality our brave founders created--and who have not made money for their work and who are still working and have not quit high-paying jobs after a few years, claiming "burn out."

It is interesting how some recent "leaders" have played musical chairs and switched high-paying jobs with each other. Would they be working if the salary wasn't there?

I happened to have read again a 1994 issue and it was still good, and the 1995 issue is even better. Keep up the good work.

Bill Glover  
Vice President  
Homosexual Info. Center  
Universal City, CA

## Clintons' Speech

Dear Editor:

President Clinton broke the modern day record for a "State of the Union" address, but in his 81 minute monologue he failed to mention HIV or AIDS.

The government has announced 1993 figures show that "AIDS" has replaced "accidents" as the leading cause of death among 25-44 year old Americans.

The first Presidential primaries start in 14 months.  
David Reid

## Class on diversity

Dear Editor:

Graffiti has repeated itself many times at the Lambda Center, and at least once on the bus bench in front of the Center, which had a pro-gay on it. And many of us have faced verbal or physical abuse from the straight community.

Solutions: Currently the Los Rios Community College District offers a class that deals with Cultural Diversity. As people, we come in contact with all types of people. It seems that being able to understand people and deal with different cultures is required to survive in the world. I believe we need a class like this in the PUBLIC SCHOOL SYSTEM. A mandatory class, to teach students that not everyone is alike. The class could include gays and lesbians to share their experiences.

We need to push the newspapers and news stations to get airtime to run more shows that include gay characters. Also, I think it's important to support gay businesses here in town and always make it a point to do business with the advertisers in gay publications. They are supporting our rights, so we should support them.

Sincerely,  
Michael Grasso

## Photographers grateful

Dear Editor:

Thank you...

Thank you...

Thank you... for your continuing generous support of our efforts... especially your "last ditch" efforts in late December and January (which may yet help us reach our goals!)

We genuinely appreciate everything you do!  
Sincerely,

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### Raley's:

President Charles L. Collins is on the Board of the Family Research Institute (Paul Camerons' scientists group) with Lou Sheldon's Traditional Family Values. During Sacramento County hearings several years ago regarding AIDS, they testified against having gays work for them.

### Burger King:

National owner has donated large sums to anti-gay and fundamentalist for right religious zealots. Local owner Joe Lal destroyed Sac. News & Review's papers and newstands in 1994 because of Gay & Lesbian personal ads.

### Carl's Jr.:

Owner Karl Karcher has donated large sums to anti-gay causes.

### Curran, Hitomi Marketing Agency:

Owner Marilyn Curran wrote to MGW and demanded to be taken off the PR mailing list. MGW routinely mails copies of the newspaper to all ad agencies.

### Calvary Christian Center:

Rev. Phillip G. Gondeaux is active in hate with Rev. Lou Sheldon.

### Lithographics:

16th & J St. Owner refused to work with Joan Greenfield's First Blush Lesbian Greeting Cards.

### Capitol Christian Center:

Rev. Glen Cole stands in the ranks with Lou Sheldon's Traditional Values Coalition.

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## Students anti-gay bashing bill introduced by Kuehl

Students in California's public schools, colleges and universities will be protected from anti-gay discrimination by legislation introduced by Assemblymember Sheila Kuehl (D-Santa Monica). This legislation adds "sexual orientation" to the sections of the education code that protect students from discrimination.

Currently the California Education Code recognizes that every student has the right to educational opportunity without regard to "race, creed, color, national origin, sex, or economic status." Yet missing from the list of protected categories is sexual orientation.

According to Kuehl, "This bill is about making

certain these students have equal access to education. These young people suffer everyday from violence, harassment, and negative stereotyping. You can't concentrate, you can't learn, and you can never reach your full potential if you're always frightened and made to feel ashamed. All children deserve the dignity of an education free from discrimination, violence, and harassment."

Life Lobby, Laurie McBride added, "Homophobia has no place on our school campuses. Yet homophobic slurs are still used with impunity. And beyond hate speech--for that's what it is--there is a general homophobic atmosphere that pervades the

school experience. It's not healthy for students questioning their sexual identity--it's not healthy for students who are called "queer" just because they're different.

Legislation banning discrimination against gay and lesbian youth has already been passed in Wisconsin, Massachusetts, and Washington. Among the co-authors of the California bill are Assemblymembers Barbara Lee, John Vasconcellos, Antonio Villaraigosa, Tom Bates Valerie Brown, Susan Davis, Denise Ducheny, Dan Hauser, Phil Isenberg, Richard Katz, Diane Martinez, Kerry Mazzoni, Kevin Murray. The bill is sponsored by the California Teachers Association as well as the LIFE AIDS lobby.▼

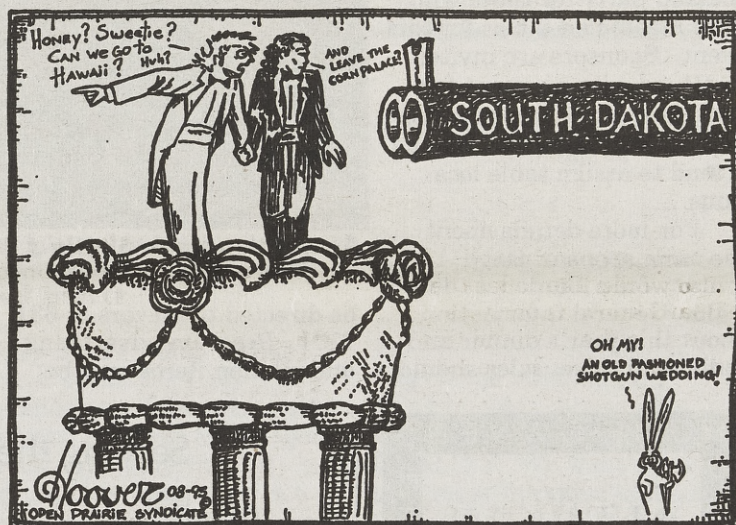
## The birth of a gay and lesbian movement in South Dakota

It's motto is "The Land of Infinite Variety," a slogan that's certainly being tested these days as gays, lesbians, and bisexuals come out and come forward in the state of South Dakota to challenge prejudice and discrimination.

For the first time in the history of the state, gays and their allies testified openly before the State Senate and spoke about discrimination in South Dakota. The testimony occurred last week at a hearing on House Bill 1184, which would ban gay and lesbian marriages in South Dakota or the recognition of same sex marriages that occurred in other states. The bill has already passed the State House and is facing a Senate committee vote.

National Gay and Lesbian Task Force (NGLTF) and Lambda Legal Defense and Education Fund organizers working with local activists say the bill clearly is a preemptive strike against Hawaii's pending gay marriage ruling.

The crisis has had an unintended side effect, certainly not anticipated by the arch-conservative sponsors of the bill. South Dakota Gay, Lesbian, and Bisexual Federation (SDGLBF) has formed to battle the bill and



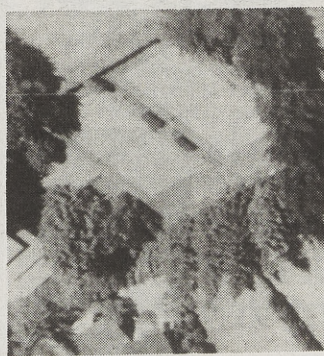
build a movement in the state. Besides working against the marriage measure, the fledgling SDGLBF aims to organize the gay community--virtually from scratch--and create a safe environment in which gay, lesbian, and bisexual South Dakotans can come out.

South Dakota has less than 700,000 citizens and ranks 45th in terms of state populations. Obviously, gay and lesbian people have always resided in South Dakota, whether working farmland near Mud Butte,

directing tourists at Mount Rushmore, conducting business in Sioux Falls or Rapid City, or attending college at South Dakota State University in Brookings. It's only very recently--in the last few weeks, in fact--that an organized movement has sprung up in the form of the SDGLBF.▼

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### Migden to try for Assembly

San Francisco Supervisor Carole Migden decided not to run for Mayor of San Francisco; instead, Migden is considering running in Assemblyperson Willie Brown's seat, the 13th Assembly District. Leaving possible Mayoral candidates: Former Mayor Art Agnos, Supervisor Angela Alioto, Supervisor Terence Hallinan, and City Attorney Louise Renne. Willie Brown seems to be interested in running for the state senate seat now held by Milton Marks.▼

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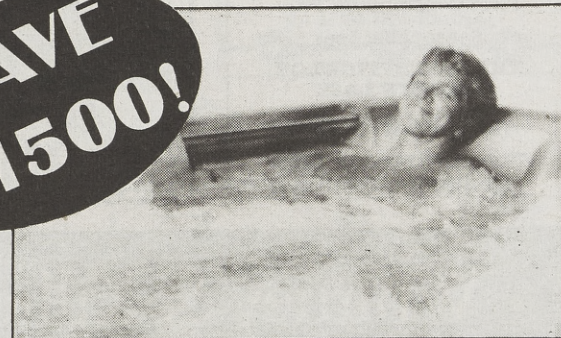
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## UNDER THE DOME

CAP/PAC's 1995 dinner — a celebration of victory:

### The first openly gay member elected to the California Assembly to speak

**S**heila James Kuehl (D-Santa Monica), the first openly gay member of the California State Assembly, has agreed to be the keynote speaker at 1995's California Capital Political Action Committee (CAP/PAC) fundraising dinner. This is the 7th annual dinner for CAP/PAC, a locally-based fundraising coalition of members of the lesbian and gay community and their supporters. Funds have been distributed to candidates for political office who support and promote lesbian and gay civil rights.

Kuehl, a former star of the Dobie Gillis television comedy series and for many years a Southern California-based attorney, was elected to the assembly in 1994 and serves as a member of the Assembly Rules Committee. Kuehl's constituent-base is located in the 41st Assembly District that serves Brentwood, Encino, Malibu, Santa Monica, and Woodland Hills. A vocal activist for political fairness, Kuehl is expected to be a powerful symbol of the success of gay civil rights efforts and to deliver an inspiring message to CAP/PAC dinner attendees, according to CAP/PAC co-chair David Felderstein.

The dinner will be held Saturday, June 3 at 6:00 pm in the newly constructed ballroom at the Sacramento Convention Center.

CAP/PAC co-chair, Cathi Meyers, announced several details of this year's program and noted an ongoing effort to perfect the complete dinner experience. "For many of us, this dinner

represents one of the few times each year when the lesbian and gay community can assemble to celebrate our unity and lend individual support to the ongoing fight for our civil rights." Meyers added, "We have made some really great changes to this year's program and although it sounds a bit cliché, believe me when I tell you this dinner will be the best to date."

According to the group's dinner committee, they have booked comedian Danny Williams to serve as the evening's emcee, in addition to doing a comedy segment.

Meyers said the dinner will be preceded by a silent auction, hors d'oeuvres, cocktails, and dancing later. This event is one of the first to be held in the new addition to the Sacramento Convention Center, which Meyers believes will greatly complement the dinner program's new structure.

Since its inception, this event has served as the focal point for the gay and lesbian community's efforts to make its mark on local, state, and national governments. Attendance at this annual fundraiser has steadily increased each year, fueling the organization's ability to contribute not only to those candidates considered friends of the lesbian and gay community but more recently to candidates who are openly gay and lesbian themselves.

This year's dinner will celebrate the historic victory of Kuehl, who as keynote speaker will follow past luminaries David Mixner, an advisor to Bill Clinton, former Representative Bella Abzug, and Congressman Barney Frank (D-New York). Dennis Mangers, a CAP/PAC board member, joins Meyers in promoting the relevance of Kuehl's appearance at the dinner. "The 1994 elections eroded much of the social ground lesbians and gays have been fighting for in recent years. Sheila's election is proof that we are making progress and when we get together at this dinner, it's going to be an old-fashioned, roof-raising victory party!"

Single tickets to this year's dinner are available for \$85, and tables seating 8 or 10 guests may be purchased as well. Table prices are \$680 for a table of 8 and \$850 for a table of 10. On Wednesday, March 8, there will be a table sponsor cocktail party for those who have assembled tables for this event. Sponsors are invited to attend with payment for their guests. A lottery will be held among the sponsors who attend to assign table locations.

For more details about the table sponsor party, contact John Daniels at 489-8903. General information about this year's dinner and individual ticket sales should



Assemblyperson Sheila J. Kuehl from Santa Monica (D).

be directed to Meyers at 631-7171. Program advertising and auction items may be

submitted to Erich Mathias at 391-9461.▼

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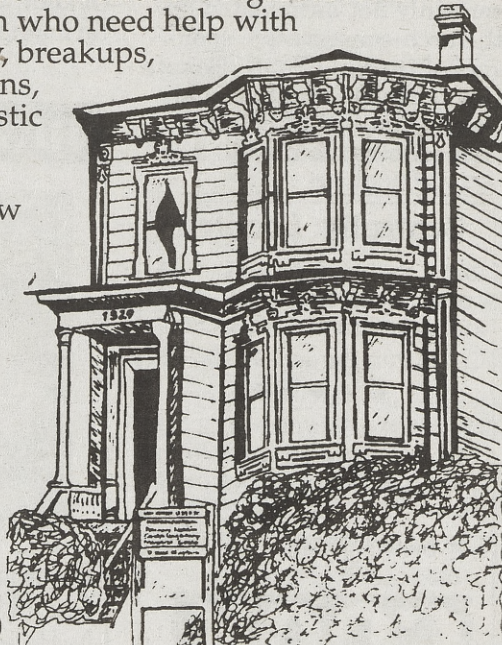
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# Food without venom, thank you

by Christopher Solis  
MGW/Staff

I enjoy writing for the MGW, most of the time. I mean, there is that ever present deadline above my head. It's the one that causes me to question "Where to eat next?", but overall, it's fun.

With the exception of a few friends, not too many comments come my way. I have a mailbox at the MGW offices, and with the exception of a press release here and there, or a food related article cut-out, the box is usually empty. No mail comes. The phone never rings for me. (No, my hand is NOT on my forehead nor am I really even complaining.) Although I've wondered sometimes, "Why doesn't anyone ever comment on my articles?" Like a recipe lacking a single ingredient, it was not until the last article (Weatherstone's 'The \$15.92 Cup of Coffee') was I able to find what was missing. Negativity.

It would appear that it was necessary to write an article on an establishment that earned less than three or four "Mom Heads" to get your attention. All of a sudden I'm getting pats on the back from strangers. People with whom I work with at U.S. Sprint are practically interrupting my calls to tell me "Fab article". While still others, who know the whole story, question why wasn't I harder on them, or why wasn't I more forthright in my language and tone? It's surprising to me that until I wrote something not as "glowing", there was no passion elicited from my friends in the community.

Well what now, have I found my calling? Should I be tempted to seek out the truly bad in Sacramento? The places nobody would like to eat because of ill service, bad food, or horrendous decor? To be a champion of wary diners who'd rather know where the truly bad establishments are than get out and try them themselves? While it is tempting, I'll admit, to be caught up in a wave of adoration. OK, Mary, a ripple of adoration. I don't think that people enjoyed the light verbal slap in as much as we can all agree that we are of the same mind. We are fed up with places, in and out of the Gay

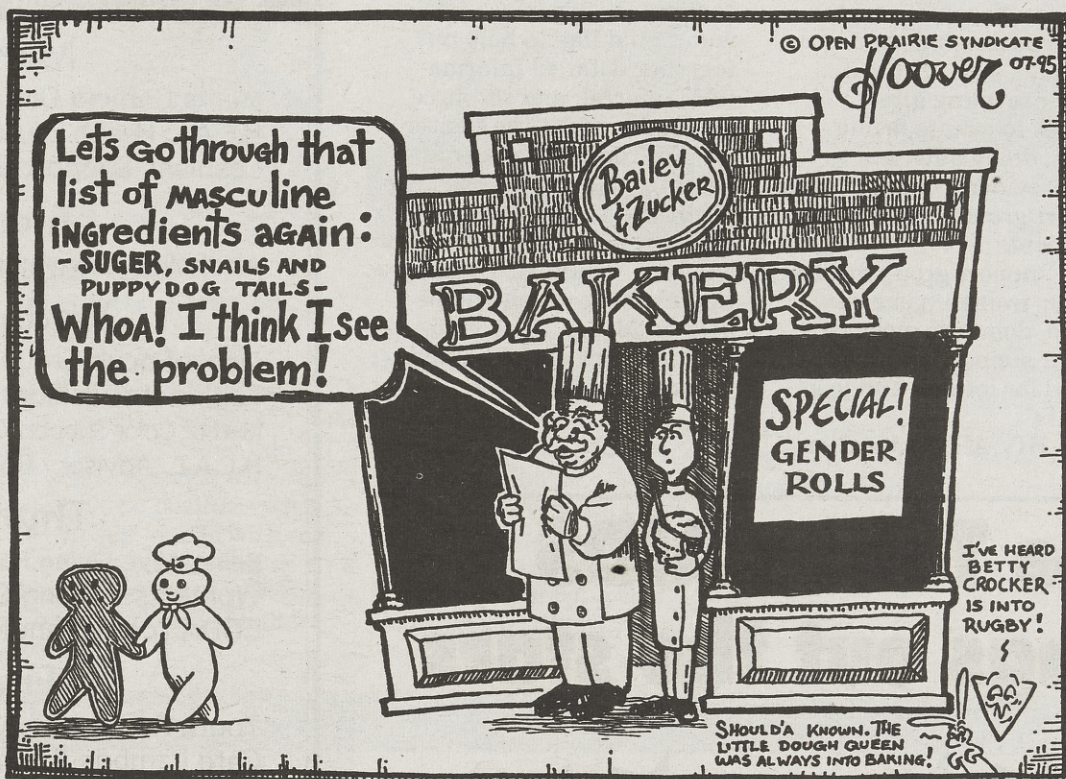
and Lesbian community, that take our patronage for granted.

Today's G & L customer demands no less for their dollar than anyone else would expect. And there will come a day (although it is not here yet) when the rainbow flag on the building aint going to cut it, honey. We want SERVICE. We want QUALITY. We want equal treatment for an equal buck. One only needs to look at examples like the Incredible Edible or the Sierra Inn's Mainstream Restaurant to know that the display of the pink triangle on the door may get customers "IN" but to get them to come "BACK"

you're going to have to provide a product and service that people want. My first concern is not that fifty-percent of Weatherstone's clientele is Gay and Lesbian (I'd guess), and it is apparent to me, neither do they. I just want a cup of coffee and a little less "tude" with it, thank you.

So don't look for venom in every article just to sell the column but neither should you look for extra "Mom Heads" on establishments that bill themselves as "Gay friendly". After all, equal treatment, is what we all want, right?▼

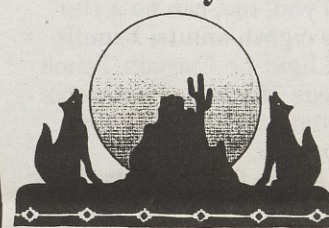
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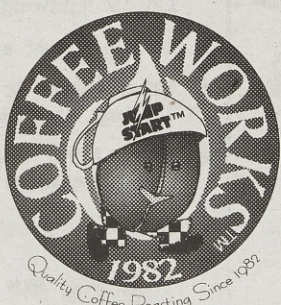
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## Volunteers are essential at the Lambda Center

**T**he Lambda Community Center functions almost entirely on Volunteer efforts and donations. That is why it is extremely important that each and every volunteer for the Center know that you are an essential part in the effective operation of the community. It is hoped to have a volunteer program that is successful in fulfilling the center's needs, while being a supportive, fun, and nurturing environment in which to work.

The Center would like to encourage volunteers to set some time aside and come volunteer some time at the

Lambda Center. A variety of jobs are offered. Some include:

- library assistant and general office help.
- women and men to help organize and then volunteer with H.E.A.L., either providing direct services to clients facing illness, doing outreach to care-providers, or facilitating support groups for families and clients

- support group facilitators for women (general issues), domestic violence, and for support and social groups for lesbian and gay parents
- HIV/AIDS education

prevention Outreach Worker

- research assistants (mostly health and social issues)

- people (social work/community organizer types) who would like to help put together detailed information, referral, and resource guides for use at the Center

For those interested in volunteering or just learning about the Lambda Center and how it functions, there will be a Volunteer Orientation meeting which will be held on March 13, from 6-7:30 pm here at the Lambda Community Center. ▼

## Annual Lake Tahoe AIDS benefit brings out the stars

**J**oin the performers of the Lake Tahoe AIDS Task Force fund raiser "Watch the Stars Come Out" and you, too, can be a star. The eighth annual benefit will light up Caesars Tahoe Circus Maximus Showroom in Stateline, Nevada, on Thursday, March 16.

Diane Ford, a nationally known comedienne with three Home Box Office specials to her credit, will emcee. This year's show will continue the eight-year tradition of entertainment by revue performers at Stateline casino showrooms. The casts of "Cheers," "Desire" and other surprise guests will appear also.

The South Shore business community has donated raffle prizes and table upon table of merchandise for the silent auction.

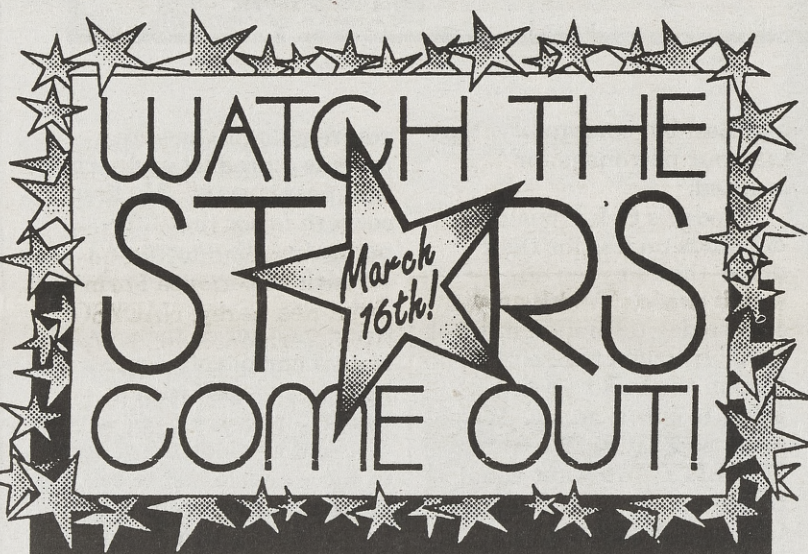
Monies raised will go toward programs sponsored

by the Lake Tahoe AIDS Task Force. Last year's fund raiser brought in over \$17,000.

"Watch the Stars Come Out" begins at 7 p.m. with a no-host bar, silent auction,

and raffle prizes. The performance is at 8:30 and admission is \$15.

Info: 916-542-0131. ▼



## THE LAMBDA CENTER

Serving the Lesbian, Gay & Bisexual Community

### Mondays

Men's Coming Out Group 5:30PM  
H.E.A.L. Health Education and Awareness for Lesbians Support Group 7:00PM

### Tuesdays

Alcoholics Anonymous 7:30PM

### Wednesdays

Men's Focus Group 1st & 3rd Wed 7:00PM  
Eagles (for seniors) 2nd & 4th Wed 6:30PM  
Men of Color Support Grp; 2nd & 4th Wed 6:30PM  
H.E.A.L. Advisory Board (call for information)

### Thursdays

Being Alive Living Room for PWAs 2:00-5:00PM  
Women's Coming Out Group 6:00PM  
CODA (co-dependents anonymous) 7:30PM

### Fridays

Youth Rap Group (24 & under) 5:45PM  
Café Lambda 8:00PM  
Transgender Group (3rd Friday) 7:00-8:00PM

### Saturdays

Youth Social (24 & under) 8:00PM  
Traffic School 1/28 8AM- 4:30PM  
Homebuyer's Seminar; call Cynthia @ 334-4834

### Sundays

Eagles Bike Club, call Roy at 442-0185 for info  
Gay Fathers 2nd Sun 6:30PM  
Twin Spirits 3rd Sun 3:00PM  
Alcoholics Anonymous 11:00AM

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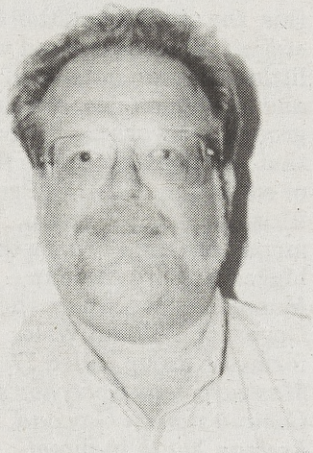
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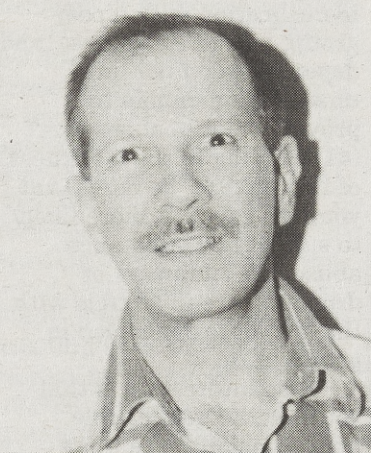
Question and Photos by Katharine Davis

### What businesses do you boycott and why?



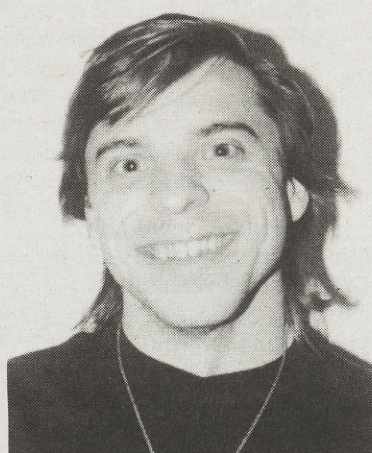
**Les Risinger**

"I almost never boycott a business because I think the better way to do it is to let the businesses know that there are gay dollars being spent there, let them know we are a powerful economic force. Boycotting them doesn't necessarily impact them, but when they see you face to face and see the dollars changing hands, it means something to them."



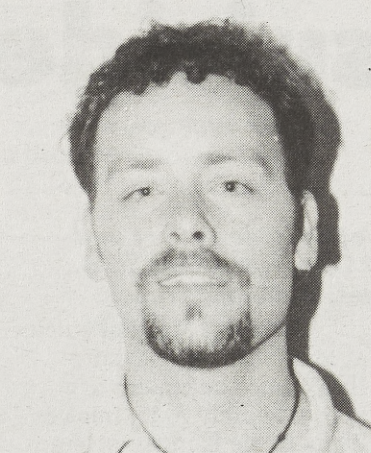
**Mike Williams**

"I've never boycotted anybody. There are a few I've considered boycotting, Bank of America because of the Boy Scouts. Boycott? Well, actually, I guess I do. If they're not in synch with me I just don't do business with them. Either you're with me, not as a gay person, but as a human being or you're not. You have your choice and I do, too."



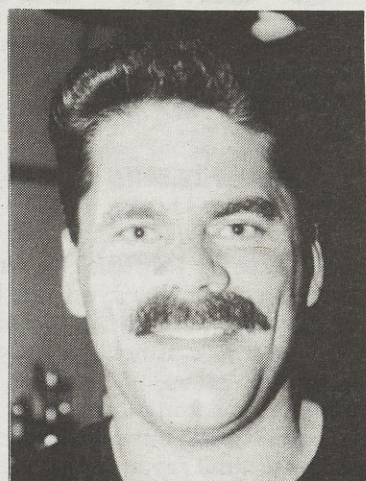
**Michael Fenton**

"The one company I have tended to stay away from is the Coors Bottling Company because for awhile they were discriminating against the gays. I lived in Colorado for five or six months when I was in the Air Force and there were no Coors products in any of the gay bars. I don't buy Coors, I don't drink Coors and that's why."



**Brian Egger**

"Boy Scouts of America because of their anti-gay stance, their pro-God stance, and I'd say their anti-tolerance stance. Let's put it that way. And B of A for supporting Boy Scouts of America."



**Tony Crouse**

"Coors because they don't believe in selling to gay people and because they don't treat their employees right."

## MEDIA WATCH

by Al Kielwasser  
GLAAD/SFBA

### Nestle ... not so sweet!

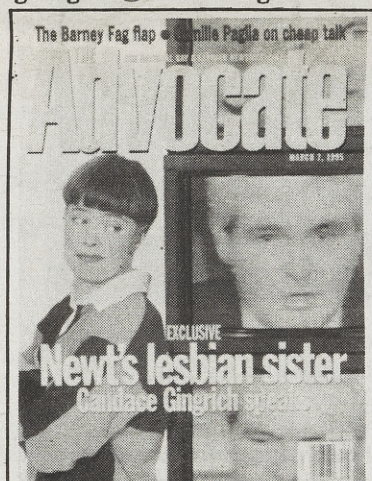
Major companies purchased advertising spots during the recent broadcast of *Serving in Silence*, NBC, February 6. The film was the life story of Margaret Cammermeyer, who was booted out of the U.S. Army for being a lesbian. But, Nestle USA specifically pulled its advertising for the movie. Laurie MacDonald, Nestle's Vice President of Corporate affairs, said the company does not advertise on programs "deemed by a majority of the public to be controversial or not widely accepted." Citing the same policy, Nestle also refused to sponsor last year's gay wedding episode of *Northern Exposure* (CBS, May 2). Complaints to: Joe Weller, Chair and CEO, Nestle USA, 800 N. Brand Blvd., Glendale, CA 91203; Laurie MacDonald: 818-549-6235, fax 818-549-5660. Supportive compliments can be sent to Warren Littlefield, Vice President of NBC Entertainment, 3000 W. Alameda Ave.,

Burbank, CA 91523; 818-840-4444.▼

### Eye on Newt

Representative Newt Gingrich, at the behest of "Rev." Lou Sheldon's "Traditional Values Coalition," has announced plans to hold Congressional hearings on whether schools receiving federal funds should be prohibited from offering any instruction, programs or services that have the "purpose of effect" of presenting homosexuality as a "positive lifestyle alternative." Spokespersons for People for the American Way (PFAW), a civil liberties organization, have argued that the hearings will "only serve to legitimize and provide a forum for organizations that have a long record of espousing hatred and intolerance." They added: "It would be unthinkable for Congress to hold a hearing on, for example, the 'Jewish influence in the media' based on the outrageous claims of David Duke. Yet, what is proposed here is no different." Contact Newt Gingrich, Office of the

Speaker of the House, H-204 Capitol Bldg, Washington, DC 20515; 202-225-4501, fax 202-225-4656, e-mail georgia6@hr.house.gov.



**Newt Gingrich's openly lesbian sister talks about politics and her brother's views on homosexuality in the March 7 issue of The Advocate.**

Addresses, phone/fax numbers for your Congresspersons are available by calling 202-224-3121. In an effort to proactively organize for the upcoming Congressional hearings, the

National Advocacy Coalition on Youth and Sexual orientation (NACYSO) is collecting stories from young people across the country. Request a "Youth Experience Form" from Rea Carey, NACYSO, 1025 Vermont Ave., NW, #200, Washington, DC 20005; 202-783-4165 (ext. 49), fax 202-347-2263.▼

### Vote on gays/lesbians?!

The New York *Daily News* recently conducted a survey in which respondents were asked whether or not they agreed that homosexuality should be a socially permissible lifestyle." The single question asked about homosexuality is offensive for multiple reasons. First, of course, the newspaper might have given some thought to the difference between a sexual orientation and a "lifestyle." But more than that, the *Daily News* survey perpetuates the outrageous notion that heterosexuals have the right to give homosexuals permission to exist. Our humanity is not up for a

vote! To question such ignorant questioning, contact Martin Dunn, Editor-in-Chief, *Daily News*, 220 E. 42nd St., New York, NY 10017; 212-210-2100, fax 212-949-2120.▼

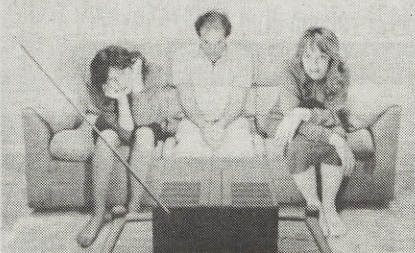
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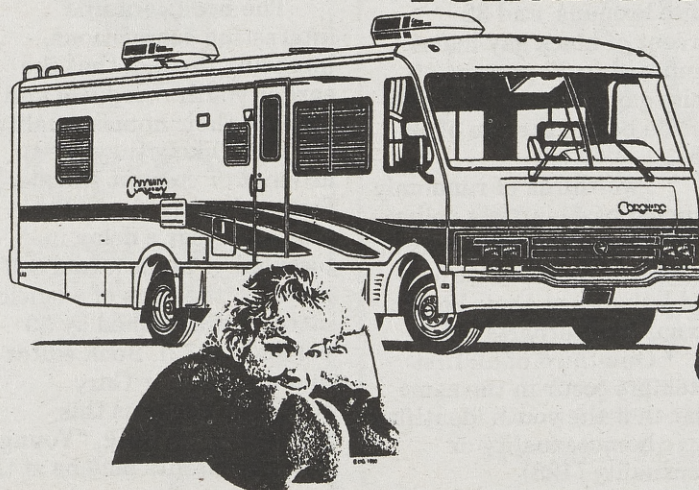
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Dying to live ...

# Gay and lesbian youth suicide

by Jennifer L. Selig  
MGW/Youth Editor

**Death by Denial: Studies of Suicide in Gay and Lesbian Teenagers**, edited by Gary Remafedi, M.D., M.P.H., Alyson, 1994, 205 pages, \$9.95 paperback.

I've stared at my blank computer screen, trying to write this opening line a hundred times, but nothing comes. I blink my eyes, yet all I can see are the lines, thin razor blade lines, scars still upraised, all the way up my ex-lover's arms, evidence of the harm she once tried to do to herself. "That's nothing," she told me when I asked her about it. "You should have seen me the time I tried to drive my car into a wall!" I blink my eyes again, and I can see my gay friend with the gun to his head, asking like some 20th century Hamlet, "To be, or not to be." Blink again, and I can see the woman with a knife in her stomach, begging another friend of mine not to leave her, telling her that she can't go on without her.

New lovers travel each inch of each other's bodies, wanting to know every birthmark, every scar, upon the flesh they find delightful. "Tell me how you got this one," they say innocently, kissing the wounded place. All too often in our community the answer that follows will be tragic: attempts for attention, attempts for help, attempts at suicide.

Alyson Publications has recently released the definitive work on gay and lesbian youth suicide called *Death by Denial*. The book collects for the first time all the major studies about gay youth suicide: six are very academic research studies which appeared for the first time in health and sociological publications, and one is the very easy to read *Report of the Secretary's Task Force on Youth Suicide*, commissioned by the U.S. Department of Health & Human Services, and released in 1989. The latter report is the document containing the oft quoted statistic that 30 percent of all youth suicide are by gays and lesbians.

Here are a few of the stunning statistics from the book: (Note: all pages numbers that appear are from the book *Death by Denial*; I will make no effort to distinguish between the findings of the seven studies)

- \* Teenage suicide has risen by more than 200 percent since 1960, as compared to a 17 percent increase in the general population (7)

- \* Suicide attempts are 50-200 times more common than actual suicide (10)

- \* There are as many as 500,000 suicide attempts by youth annually, with more than 5,000 actual suicides (17, 124)

- \* Females attempt suicide at least three times more than males but males are approximately four times as likely to die from an attempt (12)

- \* Gay youth are 2 to 3 times more likely to attempt suicide than other youth, comprising up to 30 percent of all youth suicides annually (15)

Of course, what the statistics don't point out is the inherent difficulty in deciding what is a "gay" youth suicide: Many youth kill themselves rather than revealing their deep, dark secret, making a true measurement of statistics difficult at best.

As if being a teenager isn't difficult enough, the U.S. Department of Health and Human Services Task Force Report points to many

highest risk for dysfunction because of emotional and physical immaturity, unfulfilled developmental needs for identification with a peer group, lack of experience, and dependence on parents unwilling or unable to provide emotional support" (41). Adding to the bleakness of this picture, he notes that younger gays are more likely to suffer from substance abuse, are runaways or dropouts, are in trouble with the law, or are involved in prostitution.

Also interesting is that youth with "gender-role nonconformity" are more likely to commit suicide. In one study, gay male youth who identified themselves as "feminine," "androgynous," or "undifferentiated" made up 92.7 percent of all suicide attempts, while those who labeled themselves "masculine" made up only 7.3 percent (130). The only study identifying young lesbians who consider themselves more "masculine" was from 1969 data, but it pointed to the same results: higher amounts of suicide attempts. The worst statistics belong to transsexual youth; according to one study over 53 percent had made suicide attempts (38).

So what do we do with all this information? Certainly not what the Bush/Quayle administration did to the 1989 report by the Department of Health. Pressure from anti-gay forces led not only to the suppression of the task force's chapter on gay and lesbian youth suicide, but to a hush-up of the whole report as well. According to the book, only 3,000 copies of the report were printed, and nothing was done with the findings (156). Following soon thereafter, the National Institute of Health cancelled a large-scale teen sexuality survey. It appears that they were afraid of gays and lesbians making the personal the political. In 1993, a prominent suicidologist dismissed the data on gay and lesbian teenage suicide and accused activists of using the statistics to promote social tolerance. He wrote, "Suicide

... has no place in anyone's political agenda, no matter how worthy" (9).

Because of attitudes like this, the studies and the statistics have garnered very little attention outside of gay and lesbian circles, but many groups are working to change that, particularly in the field of education. GLAD's Project 21 is one notable group, among others. Perhaps the biggest victory came in Massachusetts, where then Governor William Weld formed a group called *The Massachusetts Governor's Commission on Gay and Lesbian Youth* in direct response to the Department of Health's report. (Stories will follow on both Project 21 and the results of the Massachusetts commission in subsequent issues of this column).

But our youth cannot wait for us to win small victories state by state, or school by school. For many of them, the questions are poised on the razor's edge: To be or not to be, to be in denial or to live freely, to love openly or to lose one's heart and soul. We should know that as adults who bear the scars of our own youth. To feel our lover's tongue moving down our arm and find it bumping across a raised scar at the wrist is to die a little death again. To hold a hand that has held a gun, to cradle a lover when the memory of the knife cuts through sleep, is to sigh in relief again. Too many of us, dying young. So many of us, dying to live. To be. ▼

## Studies of suicide in gay and lesbian teenagers

GARY REMAFEDI, M.D., M.P.H., Editor

- \* A majority of suicide attempts by homosexuals occur during their youth, with up to 40 percent of gay youths either attempting or seriously contemplating suicide (16)

- \* One-half of gay youth who attempt suicide report more than one attempt (127)

- \* Gay males are six times more likely to make an attempt than heterosexual males (17)

- \* A majority of suicide attempts take place at age 20 or younger, with nearly one-third occurring before age 17 (17)

- \* One study shows that black gay youth are especially susceptible to suicide, with 36 percent of black lesbians compared to 21 percent of white lesbians, and 32 percent of black gay males compared to 27 percent of white gay males, attempting suicide before the age of 18 (36)

- \* Two-thirds of randomly sampled psychiatrists believe that the self-injurious acts of gay youth are more serious and lethal than their heterosexual counterparts (124)

- \* One-third of all first attempts occur in the same year that the youth identified their homosexuality or bisexuality (128)

additional risk factors faced by gay and lesbian youth. Many gay males cite conflicts with self and others as their main reason for attempting suicide, while lesbians tended to offer problems with lovers as the reason (40). The study places blame upon society in general for discrimination and violence, and upon the institutional pillars of family school, social service agencies, and church for their insensitivity toward and sometimes blatant denial of gay youth. Other risk factors include abusive or dysfunctional families (44), exposure to AIDS or STD's (53), and the inability of youth to understand that adult gays and lesbians can live happy, productive, and stable lives.

The book contains interesting correlations, including the fact that the earlier youth recognize and identify their homosexuality, the more likely they are to attempt or commit suicide. In fact, one study showed that "for each year's delay in bisexual or homosexual self-labeling, the odds of a suicide attempt diminished by 80 percent" (132). Book editor and contributor Gary Remafedi explains this statistic by writing, "Younger gay adolescents may be at the

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## Adoption, foster care prohibition

A statewide ban on foster parenting for gay and lesbian parents has been implemented in Nebraska, infuriating local activist groups and sparking outcries of discrimination and prejudice. Mary Dean Harvey, Director of the Nebraska Department of Social Services, released to state offices the new anti-gay policy, saying it was in the best interest of the state to place children "in the most family-like setting," and not with gay and lesbian parents. The policy also bans gays from operating foster care agencies, and prohibits unmarried heterosexual couples from adopting.▼

## Colorado hate crimes bill killed in committee

A bipartisan proposal to expand the state's hate crimes law was killed in committee on February 16 after historic, emotional hearings focusing on anti-gay violence. The measure would have added disability, age, and sexual orientation to the law that currently increases penalties in some crimes motivated by bias based on race, color, ancestry, religion, and national origin. Interestingly, the measure had no fiscal note attached. Proponents of the measure, who said they had enough votes to pass the measure on the House floor, saw the move to send it to Finance as an explicit action to kill the bill.▼

## School board denounces curriculum change

Recently, the Des Moines school board, Superintendent Gary Wegenke announced that the board would not immediately implement changes in the school curriculum as proposed by the Sexual Orientation Advisory

Committee. The announcement followed weeks of controversy regarding inclusion of homosexuality in the school curriculum. "We are disappointed in the School Board's decision not to implement the policy immediately," said Robert Bray, field organizer for the National Gay and Lesbian Task force. "Children are learning every day about the world and about themselves. There is not a day to waste in teaching them tolerance and respect for diversity. If the schools remain silent, then ignorance is perpetuated. We will continue to work with the gay and lesbian community to challenge the forces of intolerance and organize for their freedom. We believe this debate will continue."▼

## Activist threatened with death in El Salvador

An AIDS educator in El Salvador has been threatened with death in an apparent effort to stop his disease prevention efforts and has been forced to go into hiding. The man, who is referred to as Wilfredo in order to conceal his identity, regularly handed out condoms and educational materials in some of San Salvador's poorest neighborhoods. Two unidentified men had repeatedly threatened to kill him unless he ceased his work and left El Salvador immediately.▼

## Mental health center for gays/lesbians opens

The Department of Psychiatry at Columbia-Presbyterian Medical Center in New York has opened a special program designed to meet the mental health needs of lesbians, gays, and bisexuals. The Columbia Center for Lesbian, Gay and Bisexual Mental Health offers clinical services as well as sponsors research and educates mental health professionals in the expanding field of gay and lesbian mental health. It is

one of only a very few academically based centers of its kind in the nation. It is the only center in the New York City area that is affiliated with a major academic medical center and comprises research and training programs, as well as clinical services.▼

caught up in the most definitive moment of the modern gay rights movement: the 1968 riots at Greenwich Village's Stonewall Inn in New York. *Stonewall* a 90-minute feature film will have a theatrical release in the United States and elsewhere. Info: 212-675-6030.▼



Photo by Julie Colt

## 1995 LAVA award winners

1995 Lesbians of Achievement, Vision and Action Award (LAVA) winners will be honored at a dinner and award ceremony on Saturday March 25, at the Grand Ballroom of the Hyatt Regency Embarcadero Hotel, San Francisco. Presented by Bay Area Career Women to benefit "A Fund of Our Own," the evening honors those leaders in our community who have enhanced the image, empowerment or understanding of lesbians. The 1995 LAVA Award winners are: Roberta Achtenburg, LAVA Award for Political Activism; Maria Cora, LAVA Award for the Arts; Judy Dlugacz, LAVA Award for Business and Commerce; Tracy Gary, LAVA Award for Philanthropic Activism; Helen Vozenilek, LAVA Award for Sports and Athletics; Doreena Wong, LAVA Award for Community Activism. Info: 415-495-5393.

## Stonewall goes into production

The BBC has announced the production of the motion picture *Stonewall*, a moving often funny love story set amid the tableau of people

## School confiscates textbooks

A newly-acquired literature textbook approved by a

Pittsburgh, Pennsylvania school board, was taken away from 12th-grade students while they were reading them in Hempfield Area District Schools. Following a complaint about "offensive" words, and a work referring to homosexuality, school administrators ignored their own review process and summarily removed copies of *Literature in Society*. When confiscation of the books left teachers bereft of teaching materials, inoffensive photocopied sections of the book were distributed for class use. The book-banning has been protested by the local teachers' union, which has filed a grievance against the schools for its failure to follow due process.

## High court orders acceptance of gays

In Bogota, the Colombian Supreme Court ruled that all of the nation's military and police forces must accept gays and dump their rules barring homosexuals. The court cited guarantees of "intimacy and personal development" in ordering the military to readmit a cadet who had been expelled from a calvary school for hugging and kissing another male student. This makes Columbia the second nation in the Americas, after Canada, to lift its ban on homosexuals in the armed services.

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## MASTER CALENDAR

Women Making Music, Bishops Ranch, 503-482-9122	Apr 7 - 10
Women's Weekend, Russian River	Apr 28 - 30
CAP/PAC Annual Dinner	June 3
International AIDS Candlelight Memorial	May 21
Wellspring Swing '95	June 3
S.F. Gay Pride Festival	June 18
CSW 1995 Gay/Lesbian Pride Parade, West Hollywood, 213-656-6553	June 25
L.A. Gay Pride Weekend, 213-656-6553	June 24-25
Gay & Lesbian Parents Conference, LA, 213-654-0307	June 30 - Jul 3
California AIDS Walk	June 1-Aug 31
Sacramento Summer Ball	Aug 15
California State Fair	Aug 18 - Sep 4
Rainbow Festival Street Fair	Sep 3
Women's Weekend II, Russian River	Sep 29 - Oct 1
MGW Newspaper's 19th Anniversary, 441-6397	November
World AIDS Awareness Day/A Day Without Art	December 1
Snow White Champagne Ball for Women, 441-6397	December 9

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# Communicate with the cops

by Skip Buck

Sacramento Police Department

There is a great deal of history behind the relationship between law enforcement and the gay community. Some of that history has been negative. Most of us have seen a contact between an officer and a citizen, been a party to such contact, or heard a story from a friend about his/her experience with the police. Sometimes that story sounds something like, "That cop harassed me for no reason." Every person involved in an event forms opinions on the event based on one's own perceptions. Those perceptions are limited by the amount of information that the person receives.

The purpose of the monthly column is to open the lines of communication between the gay community and the police officers who serve it. We hope that this column will establish a two-way dialogue and give us both a better understanding of each other.

Here is an introduction to the two officers who will be writing this column:

Sgt. Cara Westin is a 13-year veteran of the Sacramento Police Department. She has spent six of those years patrolling the down-

town area. For the last two years, Westin was the Neighborhood Police Officer in the Richards Blvd. area. Sgt. Westin is now a field supervisor in the downtown area.

Officer Skip Buck is a 13-year veteran in law enforcement, having transferred from the Santa Barbara County Sheriff's Department. Officer Buck has worked S.W.A.T., Narcotics, Coroners Investigations, and is currently assigned as a Neighborhood Police Officer in the Richards Blvd. area.

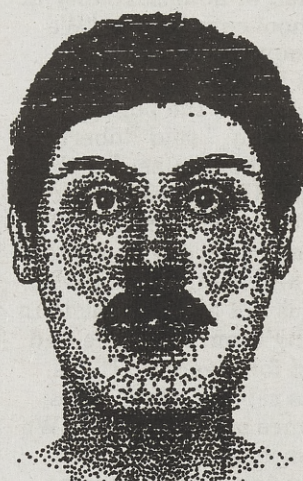
Both Officer Buck and Sgt. Westin have volunteered to collaborate in writing this column. They want to answer your question and concerns about how your police department is serving you. They won't pull any punches, so go ahead and ask the hard questions in writing to *MGW*, or by telephone 442-5137.

We would like now, to inform you of the circumstances surrounding an unsolved homicide. At the Rainbow Festival this last September, the Sacramento Police Department had a booth with Detective Rich Overton and Sgt. Bob Mitchell talking to fairgoers

about the Vincent Blades case. The Police Department registered for the booth on their own and seemed well received by fairgoers.

**Vincent Blades:** On March 3, 1991, Vincent Blades was with a friend in the parking lot in the area of 1930 K St. A 14-year-old female, and two male associates walked by Vincent Blades, and began a verbal barrage of insults at Vincent Blades friend. Vincent Blades intervened on behalf of his friend, and was fatally stabbed by one of the two male subjects. The suspects were described as follows:

#1) JAMES, a white male adult, 5-10, 19 years, with medium length blondish red hair, freckles on his face, but not noticeable, tattoos of Jesus below his waist, a heart pendant with "Grandma" in the center, worn around his



Suspect #1 James



Suspect #2 Ron

neck. He was last seen wearing a Levi jacket with a bleached back, with the word "Metallica" near the shoulders, Nazi sign below the "Metallica" and an anarchy sign below the Nazi sign. A human size hand print was on the jacket, directly below the anarchy sign.

#2) RON, a white male adult, 20 years, 5-9, 135 lbs., neck length black hair, last seen wearing a black baseball cap, with the letters D.A.R.E. on the front of the cap.

If you have any information regarding this unsolved homicide, please contact Sgt. Bob Mitchell at 264-5772. ▼

## Women receive commendation from police and city council

Lucille "Chios" Holguin and Lisa Renee Campbell were honored by the Sacramento Police Department, Mayor Joe Serna, and The City Council for their outstanding assistance in rescuing an armed robbery victim on the evening of October 20, 1994.

The victim had been sitting at a bus stop near Capitol Avenue and 16th Street when the suspect approached him and demanded his wallet. When the victim didn't give the suspect his wallet, the suspect stabbed him in the arm with a knife. Holguin was driving in the area when she observed the victim trying to get away from the suspect. Her partner, Ms. Campbell, was following her in a separate vehicle.

Holguin yelled at the suspect to leave the victim alone. The suspect approached her car and made threatening gestures at her. Holguin edged her car toward the victim and the suspect until she was able to block the suspect and let the victim into her car. She drove the victim to a nearby hospital, where he was treated for a laceration on his arm.

Holguin's quick thinking, essence of mind, and willingness to come to the aid of others is commendable. The Sacramento police department is proud and honored to have citizens like Holguin and Campbell in our community.

The women were given two mounted certificates of commendation. ▼



Captain of Strategic Planning, Gaithel Ware and Police Chief Arturo Venegas, Jr. present Lisa Campbell and Lucille Holguin with a commendation for coming to the rescue of a crime victim.

## Hate crime hotline

by Dewey Davis-Thompson

MGW/Staff

This year over \$250,000 became available for the California Department of Justice to collect hate crime statistics. According to Attorney General Information Officer Mike Van Winkle, "in 1989 legislation was passed for implementing a hate crime data collection system, but there was no funding for it until last fall." A team of five people will collect data for the yearly state wide crime report.

According to California law, hate crimes are defined as any act that causes "physical injury, emotional suffering, or property damage where there is reasonable cause to believe that the crime was motivated in whole, or in part, by the victim's race, ethnicity, religion, sexual orientation, or physical or mental disability." The Bane and Ralph Civil Rights Acts protect the constitutional rights of individuals against verbal abuse, property damage, slander, threats, and acts of physical violence. Actions that are normally misdemeanors may become felonies if committed because of bigotry and additional punishment is given to bigoted felons.

The laws provide for a number of court imposed punishments in addition to standard sentences. These punishments include restraining orders, up to three

times actual damages — including doctors bills, wage loss, repairs and suffering — attorney fees and up to

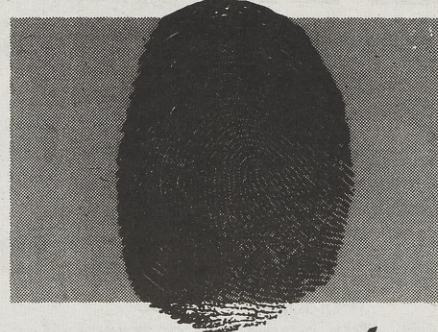


\$10,000 in court fines. However, bias motivation must be shown by the use of offensive language, the timing or location of an incident, or other circumstances.

In Sacramento, bias related incidents can be reported by calling the Sacramento Police Department Bias Related Crimes Hotline at 454-BIAS. They ask that callers provide the date, time, and location of incidents, as well as the name, address and phone numbers of the victim and witnesses. Callers are also asked to provide a description of the suspect and specific details of the incident. ▼

Send comments and questions to: The Sacramento Police Dept., c/o *MGW*, 1725 L Street, Sacramento, 95814. ▼

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## SOUND BITES

Newest Dutch Export:

### Grunge with a sweet tooth

reviewed by Craig Vreeken  
MGW/Staff

Bettie Serveert, Lamprey, Matador.

**Q**uick. Name three rock bands from Holland. If you said Abba and Ace of Base subtract 3 points. They're from Sweden. If you came up with Golden Earring ("Radar Love") give yourself a point. Real music trivia mavens might also earn another point for remembering Focus ("Hocus Pocus"). Both those groups came out in the 70's. Now comes a third group from the Netherlands, Bettie Serveert, and they are a group, not a person. (In Dutch, the name translates as Betty Served, as in tennis. Go figure.) Their second release, Lamprey, is getting a

huge push for the record company promotion machine. If you haven't heard of them yet, you will.

Articles praising the band have appeared in Rolling Stone, Spin, and other hip magazines. They even got a blurb in Time, of all places. And the first single from Lamprey, "Ray Ray Rain" is getting major airplay on MTV and modern rock stations. The group's sound borders on grunge, albeit grunge with a very sweet tooth. "Ray Ray Rain" is very pop. One of those songs that rattles around in your head for days. It sounds like something Blondie would

have done in their heyday, although Bettie Serveert's lead singer Carol van Dijk's voice is nothing like Debbie Harry's. Well, maybe she sounds like Debbie Harry when Harry was a 9-year-old.

That is the problem I have with Bettie Serveert. And being of Dutch extraction myself, I really wanted to like this band. The sound of the band is great, with expressive Neil Young-like guitar played over very catchy melodies and great lyrics. But van Dijk's voice is very high, thin and childlike. Not childlike in a good way, though. More like brat throwing a temper tantrum in the supermarket childlike. After a few songs, her voice really gets on the nerves.

If you can get past that, however, the album is very strong. Standouts, besides "Ray Ray Rain" include "Something So Wild", and a song about a carefree woman tamed by her controlling

singing in what must be their second language. I also like "Re-Feel-It" and "Cybor\*D". The lyrics are surprisingly articulate for a group Van Dijk's voice may

grow on me yet, and I'm sure I'll have plenty of opportunity to hear Bettie Serveert. They will be one of 1995's "next big things."▼



### Comedy group to appear in Sacramento March 17

**S**ACWN will present the Bay Area's funniest improvisational comedy group, OVER OUR HEADS, on March 17, 1995 at the Red Lion Inn 2001 Point West Way.

The four versatile women of OVER OUR HEADS perform a new show every time, skillfully mixing improvisational comedy based on audience suggestions and hilarious pre-written songs. They've delighted audiences at the Michigan and West Coast Women's Music Festivals and have earned standing ovations and rave reviews throughout the West Coast.

Each player is vastly talented, bringing a wealth of delightful and moving characters, original pieces, audience interaction and musical styles to the show. Their unique style of comedy creates a show filled with the excitement that only improvisation can bring. The group writes touching and funny songs that are delivered by four strong vocalists whose harmonies are full and clear. Tickets are \$15 for subscribers and \$20 for non-subscribers and at the door. This program is for women over 21 years of age only. Info: 451-8034.▼

## BOOKS

### Four quick reviews

Reviewed by Karen Wahl  
MGW/Staff

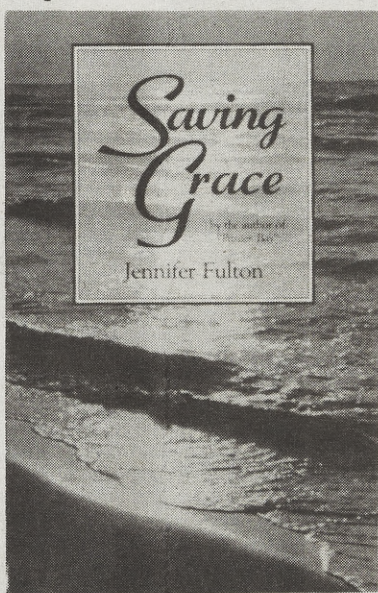
**Not Telling Mother, By Diane Salvatore, The Naiad Press, \$9.95 paperback.**

Edie and Cole, Jan and Maggie, Celia and Renee or is it Edie and Maggie? This book got me a little confused at first as I attempted to understand who was with whom. After awhile you realize that what Salvatore does is writes from each person's point of view, and bounces back to the past, then to the present.

It's like a cross between reading a diary and playing gossip. Important issues thoughtfully written.

information contained in this practical guide.

An informative and necessary reference book for gays and lesbians who are in a relationship or who are contemplating a relationship.



**Saving Grace, by Jennifer Fulton, The Naiad Press Inc., \$9.95 paperback.**

Jennifer Fulton, author of Passion Bay has done it again. This time the setting is the lovely Moon Island. It is the ideal place for romance, with its beautiful beaches and tropical skies. It is also for women only. Seems like just another coming out story, Right? Wrong! Adventure, intrigue, and sabotage lay just below the surface. Sometimes it's hard to be ecologically and politically correct, as the all find out. A compelling, erotic thriller.

**Butch II, by Jay Rayn, Lace Publications/Alyson Publications, \$8.95**

I loved this book so much I've already recommended it to friends. The author, #Jay

Rayn writes about Mike and her friends as if we knew them all. I couldn't help comparing myself to similar situations and characters. Her book was so real, powerful and filled with feelings I felt overwhelmed and engulfed at times. I cried, laughed, cheered and mourned. It was truly written from the heart. Mike is one of our community's unsung heroes.▼



**A Legal Guide For Lesbian and Gay Couples, Nolo Press, \$24.95 Softcover**

This book is the #1 authority on protecting our legal rights to which we are entitled\* The tear-out forms in the back (power of attorney, living together agreement, will) etc. are clearly written and concise\* Readers can easily do the routine legal work themselves by following the step by step



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*Have you kept up your New Year's Resolution?*

# So Many Gyms — So

James D. Brooks  
MGW/Staff

**F**inally, you have decided to join a health club. Touring the gym, the salesperson points out an array of services. An Olympic-size pool and machines that appear to work the muscles for you. A large-screen television watched by tanned and toned gods and goddesses sipping banana protein shakes. A spacious aerobic room, where Spandex-wearing, endorphin-smiling steppers whiz about with grace and flair. Suddenly, the picture of what you're going to look like in a few weeks floats in front of you. The salesperson hands you the contract. The huge savings you'll gain by signing for two years are highlighted and circled. You're charged and determined. And you're vulnerable. You sign the contract.

Six months later, you cringe with guilt as you view your bank statement. Your lame excuses for not going to the gym run through your mind as you frown over the \$75 deducted electronically — for your convenience — for a service you haven't used in weeks.

Robert Liparulo writes for Consumers Digest. He states in his article How to Choose a Health Club (Without Getting Muscled), "Only one person in five who joins this year will use his or her club at least twice a week. Many people find out too late that it's not what they expected."

With statistics like this, it's essential to have a strategic approach to finding a health club that is tailor-made for you. But, joining a gym can be intimidating to the beginner and expert alike. Gays and lesbians face an even greater challenge.

Mike Ward of Fitness Connection, located on Northgate Boulevard, South Natomas, says that the needs of the gay or lesbian health club member are different from the heterosexual member. "They [the gay and lesbian community] have a higher idea of fitness. [They are looking for] a clean facility with good training and good personal attention. Social interaction is very important to the gay and lesbian community. They like to have fun."

George Ochoa works out at Valentis, a health club in downtown Sacramento that has a large gay and lesbian membership. "I feel more comfortable at Valentis," Ochoa says. "I think that gays and lesbians do have special needs as far as health clubs go."

Ochoa has beaten the odds by finding a gym that fits him. Because of that, he works out six times a week. Satisfied members such as Ochoa further strengthen the health club industry, a volatile business according to Bill Howland of IRSA, The Association of Quality Clubs. Howland says that the number of clubs reached an all time high in 1990 with 13,854 clubs in the US. That number has since dropped to 11,655 in 1993.

"We attribute that to the recession," says Howland. "In the '80s there were people jumping on the health fitness trend. The recession has weeded out those marginal businesses that weren't well run businesses."

In other words, according to Howland, the ones that have survived are the better clubs. This is good news for the individual looking for a health club today. Even better news is that the right information can better guarantee your satisfaction with the club you do choose.

## Before leaving your house:

▼ **Take the time to ask yourself some questions.** Health magazine says that well-thought-out answers should help with choosing the right facility. What are your goals? Are they realistic? A systematic approach to achieving those goals can be provided by joining a gym that offers a personal training staff. Capitol City Health Club on Florin Road is just such a club that can incorporate a client's fitness level with his goals to design a workout that is right for him.

Also ask yourself how much time, broken down to each workout, you'll need to reach your goals. Later, divide the monthly fee by the hours per month needed to reach your goal to determine the price per hour. For example, working out three times a week for an hour each time and paying \$75 per month equates to \$6.25 an hour.

▼ **Make your task easier.** There are over 50 gyms in the greater Sacramento area. Do not waste the time researching all of them. Robert W. Patton, Ph.D. and author of Developing and Managing Health Fitness Facilities, says that unless a club is a commute of 10 minutes or less from your home or workplace, you won't use the club, and you'll probably quit. How permanent is your residence? Are you planning to continue working with the same company at the same location for a long duration? These answers can affect the list.

▼ **Determine the target client.** Call the clubs within a reasonable commute; ask them what their target clients are. For instance, Bootcamp on University Avenue in Sacramento is geared toward the male executive in search of a rigorous and intense basic-training experience. On the other hand, Simply Fit, downtown, is strictly for women.

▼ **Inquire about types of memberships.** Often, a spouse or child can join at a reduced rate. Also, the City Council, in October of 1992, adopted an ordinance recognizing the relationships of unmarried couples. However, not all the clubs here in Sacramento recognize domestic partners. If both you and your partner belong to the same gym, you may be paying more than your married co-members. Ward says, "It's ridiculous to think or assume that a couple that's been together four, five, 10, or even 20 years shouldn't get the same economical benefits as a married couple."

Unfortunately, there are only a few clubs that offer a domestic partner membership similar to the family memberships offered at most gyms. When surveying the Sacramento gyms by phone, reception to the domestic partner membership question varied. Take a look at the accompanying sidebar for more information about gyms that offer domestic partner memberships.

▼ **Ask yourself: Did I use all the facilities at my last club?** Was there something missing that you might have enjoyed, i.e., racquet ball, tennis, swimming, sauna? Ferreira's Fitness Center, for example, caters to the serious body builder. Located on Del Paso Boulevard, Sacramento, they offer a strong personal training staff, serious weight lifting equipment, but no amenities such as pool, sauna or racquet sports.

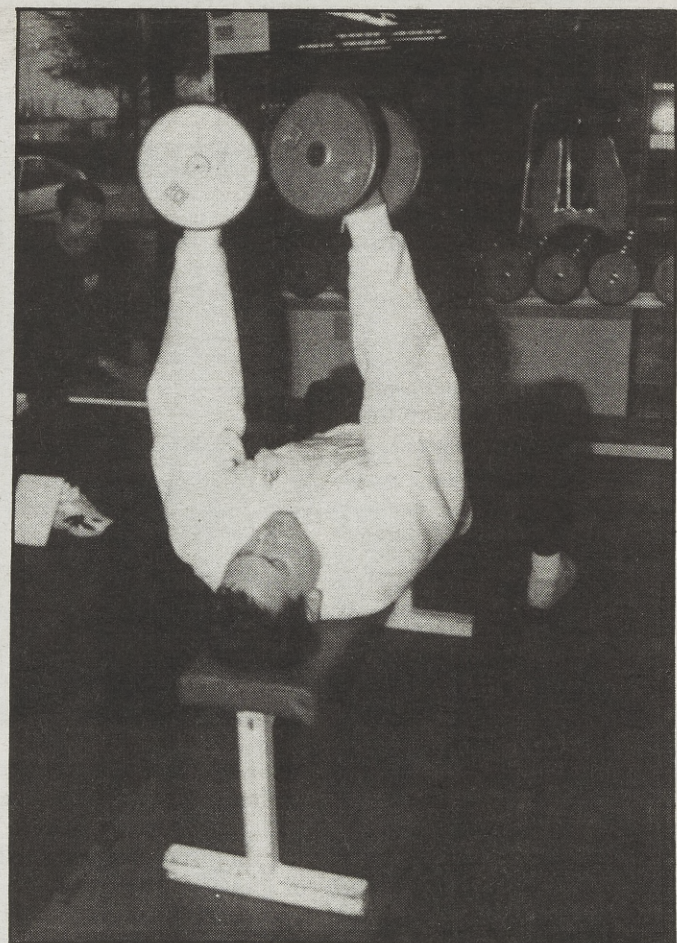
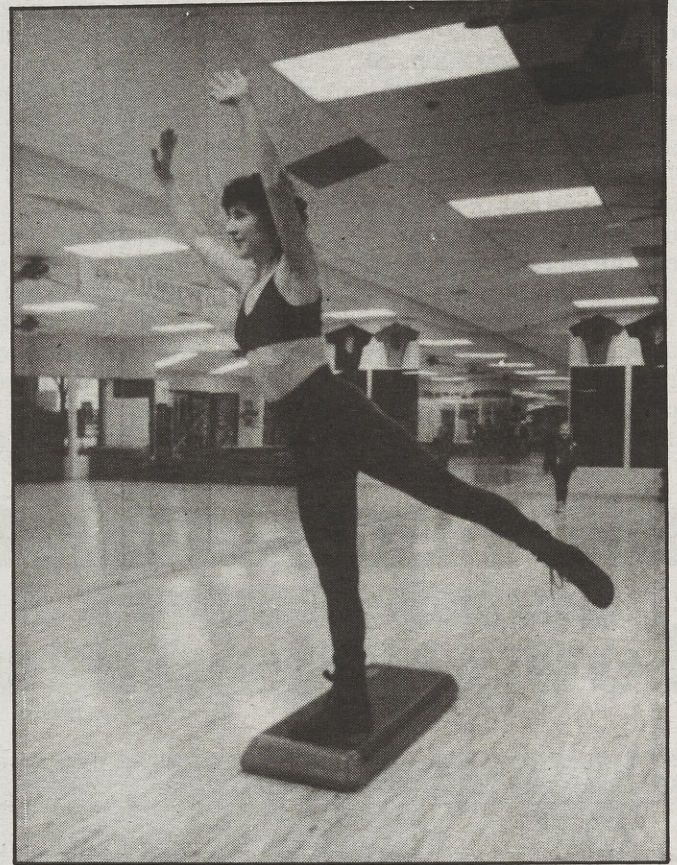
▼ **Determine your social needs.** This will play a large part in which gym you will join. Some clubs offer a wide range of social activities, including sports tournaments, dances, and classes. Midtown Athletic Club at 725 14th St. is renowned for its racquetball tournaments.

Armed with the above information, you should now have a basic idea of your needs. Remember, you are the consumer and the health club is there to satisfy your needs. With a list of the clubs within 10 minutes of the office or home, pick up the yellow pages and give them a call. Ask the club if they offer a free day or week of workouts before joining. Take them up on the offer. This is your best bet in finding whether or not a club meets all your needs. But, avoid the drop in visit. Most

clubs have only a few employees on staff at any time. Make an appointment. It could save you time and frustration.

Another tip, ask a staff member the square footage and membership enrollment. This will provide the ratio of members to square feet of

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## While utilizing the free period:

▼ **Stop by for a visit at the approximate time you plan to schedule daily workouts.** This will let you know how busy the club is at that particular time. Ask the staff about membership capacity and current enrollment. If the club is at 50 percent membership enrollment, imagine the club with twice as many people.

space. Patton states that the best ratio is from 10:1 to 15:1.

▼ **Take notice of the people you'll be working out with, while visiting the club.** A lot depends on the atmosphere. Are they friendly? If you are gay or lesbian, do you notice other gays and lesbians? What is the average age of the members at that time of day? Pay attention to your gut reaction or instinct. If you



# So Little Time

feel uncomfortable during the trial period, most likely, you'll feel uncomfortable after you join.

▼ **Be aware of the equipment.** Are the cables frayed? Are the machines dusted regularly? Notice the

cleanliness of the sauna, showers and hot-tubs. These are the hardest areas to keep clean and will show the

motivation of the club managers to keep clients happy. Check the seats, benches, and weight stands for stability. It is your safety, do not jeopardize it.

## Before you sign anything:

▼ **Ask the salesperson what the turnover rate is for members.** Harriet Edleson in Changing Times states that good clubs lose approximately 20 percent to 35 percent of their members each year. Forty-five percent is average.

▼ **Inquire about the certification of the instructors.** A high turnover rate in instructors can show that the club is unwilling to pay for qualified staff. According to Ward, "Some of the fitness chains certify their own people. So, you have to be careful of that."

In other words, make sure that the certification by the club is as comprehensive as the certification by the schools.

▼ **Determine your present state of health.** How interested is the club in your health? Do they offer a health appraisal or assessment of a member's fitness level before joining? Alhambra Athletic Club, for example, offers a discounted rate if the member attends classes on fitness, weight training, and dieting within the first 90 days of membership. An assessment of the fitness level and fat to body mass ratio is also provided. It is always good advice to contact your physician prior to joining a club.

## A few clubs that offer domestic partner memberships:

### Firm Aerobic & Fitness Center

4400 San Juan Ave.  
965-3476

**Cordova Fitness**  
9555 Folsom Blvd.  
363-6584

**Fitness Connection**  
3600 Northgate Blvd.  
923-0075

**Spare Time, Inc.**  
383-3070

### Clubs:

**Natomas Racquet Club**  
2450 Natomas Park Dr.  
649-0909

**Midtown Athletic Club**  
725 14th St.; 441-2977

**Rio Del Oro Racquet**  
119 Scripps Dr.  
488-8100

**Sacramento Court Club**  
947 Enterprise Dr.  
920-1933

▼ **Avoid pushy salespeople.** If the salesperson is using high pressure sales tactics, Howland says, "Turn your back on the (salesperson) . . . Just walk out the nearest door." High pressure sales tactics indicate the club is more interested in your money than your health and happiness. Many of the clubs surveyed for this article were unwilling to disclose their prices over the phone. 24 Hour Workout on Micron Avenue (formerly, LA Workout For Fitness) simply stated that the "prices varied" according to membership.

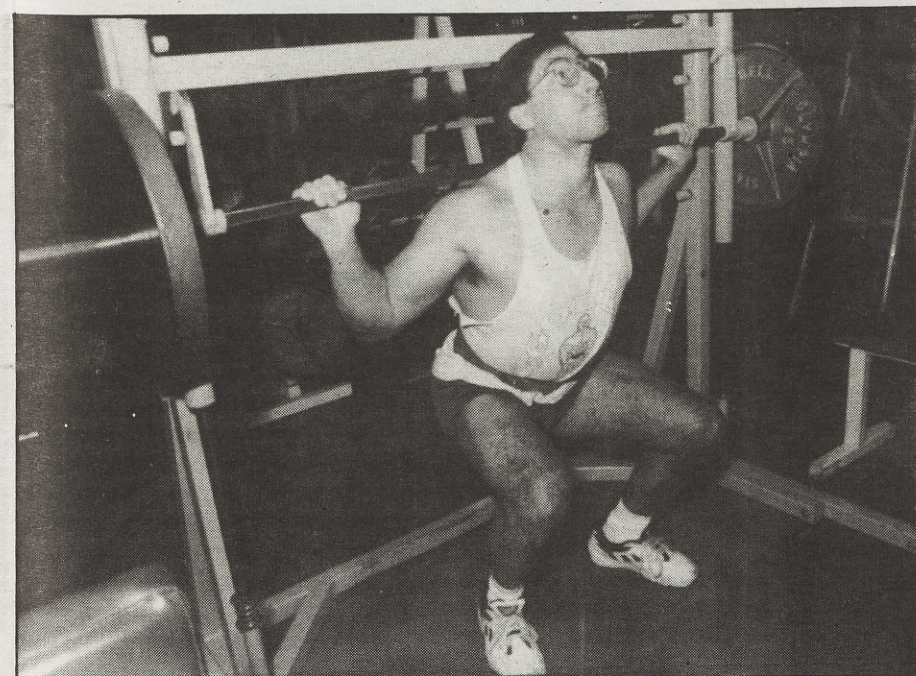
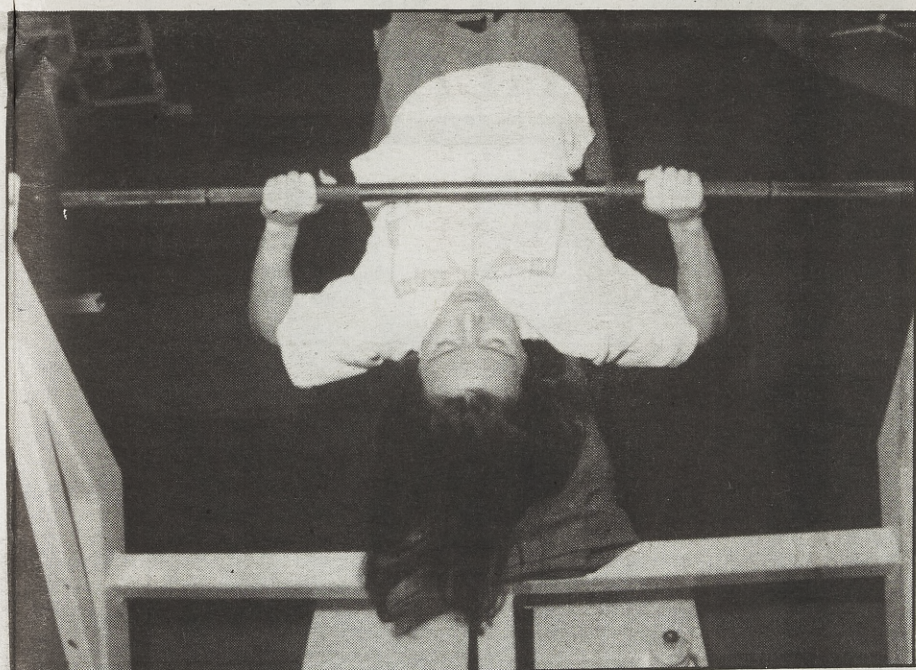
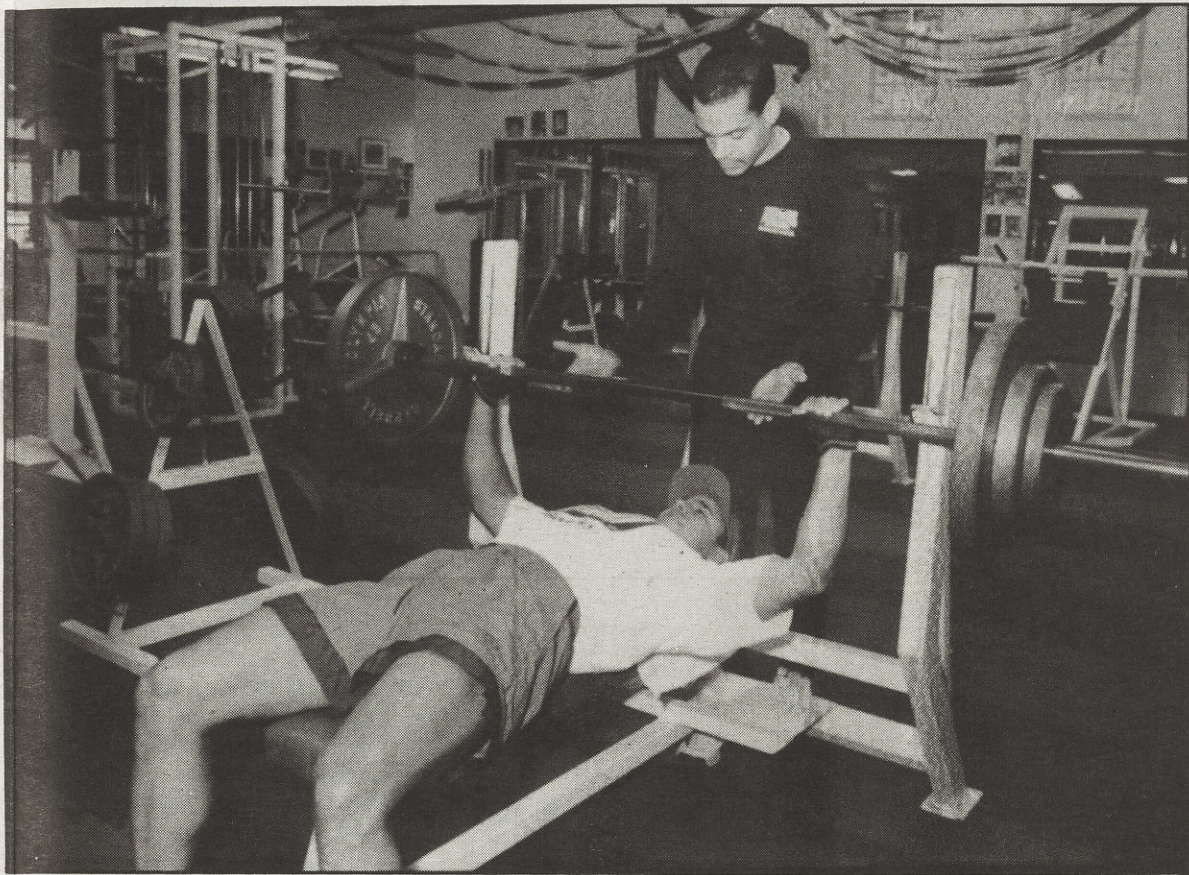
▼ **Leave the club before signing,** says Patricia Haddock in Consumers' Research. Think things through. Take your time, come back the next day if you still want to join. While thinking things through, call the Better Business Bureau (916/ 443-6843) to find out the rating of the club: satisfactory or unsatisfactory. For example, 24 Hour Workout (formerly, 24 Hour Nautilus), Cordova Fitness, and Living Well Lady Fitness Center rate "satisfactory" at the time of this article.

▼ **Make sure that any verbal promises are placed in the contract.** If single at the time of joining, the club may say they offer domestic partner memberships to get you to sign on. Get it in writing.

▼ **Don't sign long-term contracts.** Limit your financial obligation by joining on a month to month basis with the ability to cancel with a 30 day notice. Avoid signing one, two, or three year contracts. Life changes, you never know where you may be in three years.

"People that sign . . . these fitness chain agreements," says Ward, "I'm guessing 10 to 15 percent actually follow through. They're still paying their dues, but few actually follow through on using their club regularly."

With this information at your disposal, you can beat the odds. Without it, you're fair game. Laurie Lee learned this lesson too late. Like so many other health club members, she never made it back after the first six months. "I joined 24 Hour Nautilus on a two year contract," says Lee. "I figured it out. As much as I paid and as little as I went there, it cost me about \$75.00 a work out."▼



Photos/Katharine Davis



# Two great tastes in one

reviewed by Stefan Grünwedel  
MGW/Staff

**Strawberry and Chocolate.** Directed by Tomás Gutiérrez Alea. Starring Jorge Perugorria and Vladimir Cruz.

**D**avid (Cruz) and Diego (Perugorria) are like two very different flavors that, in time, go well together. Both appear in *Strawberry and Chocolate*, the new film from veteran Cuban director Gutiérrez that's been a surprise hit in Cuba—and has even received attention from this country's Oscar award nominating committee.

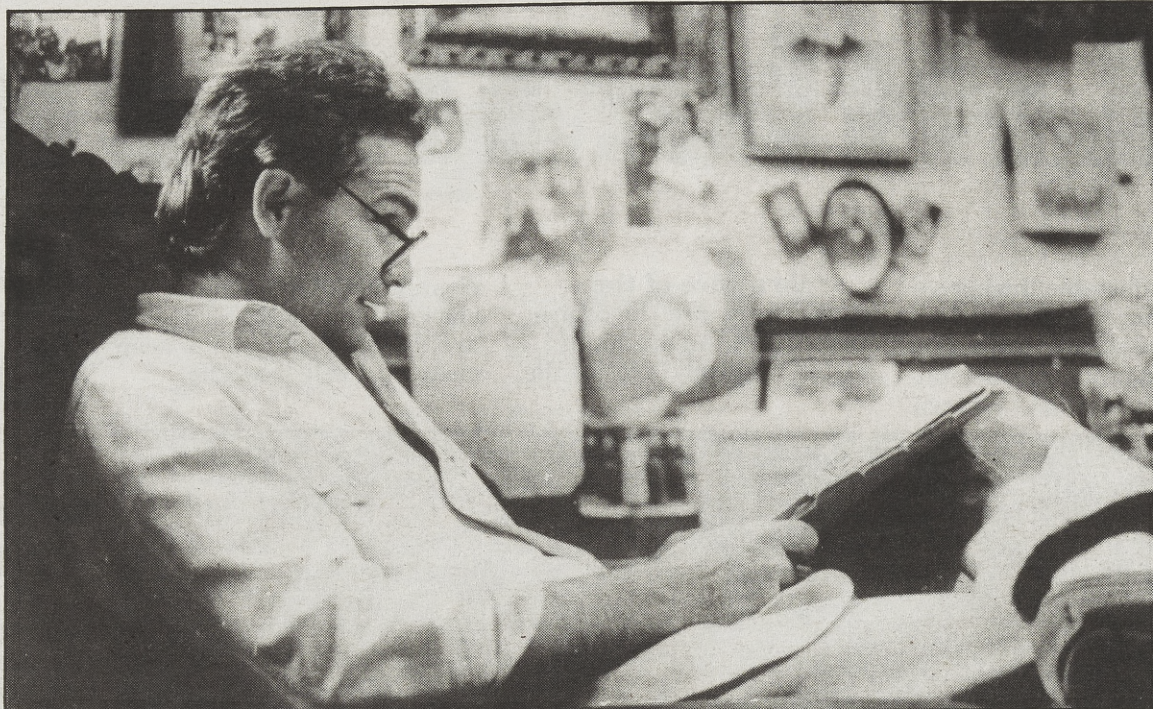
This film deserves the attention. Smartly written and acted, *Strawberry and Chocolate* conveys the desires, disappointments, and dangers experienced by a gay intellectual in Castro's country. It also successfully interweaves a straight life into this gay man's existence to show that each can learn to understand and respect the other.

David is a young, naive student who considers himself an upright citizen and committed party member. Diego is an irreverent

artist, slightly older than David and much more cynical of the regime that restricts his personal and artistic freedoms. Both are really cute, too.

Unfortunately for Diego, David is quite straight, but not too straitlaced to prevent him from becoming Diego's friend, even at the risk of alienating himself from his less empathetic comrades. David is curious about Diego, whose books, pictures, and scattered *objets d'art* are so alien. By coming to Diego's flat, he discovers that he's totally ignorant of Diego's world of writers, artists, and musicians, both living and historical. His eagerness to find out allows him to stray where other, more resolute young men would not dare venture.

The admirable quality of this film is evidenced by the honesty of its characters. Diego uses a ruse to lure David from the ice cream



Jorge Perugorria in *Strawberry & Chocolate*.

parlor into his apartment. In turn, David befriends this dissident citizen so that he can spy on him for his comrade dorm roommate—and potentially the authorities. In the end, they're friends enough, and honest enough, to admit their duplicities to the other.

This is a great leap forward for Cuban filmmaking in presenting a likable

gay character with a straight, understanding, male friend. It's also a leap forward for gay-positive movies in this country. *Strawberry and*

*Chocolate* shows that understanding between the sexual orientations is not only possible, but also makes for endearing storytelling. ▼

# Those crazy Bradys

reviewed by Stefan Grünwedel  
MGW/Staff

**The Brady Bunch Movie.** Directed by Betty Thomas. Starring Shelley Long and Gary Cole.

**P**art parody, part tribute, *The Brady Bunch Movie* turns out to be much more likable than its recent TV forerunners might have led you to expect. TV movies featuring the noticeably older cast's trials and tribulations—not to mention the double wedding of Jan and Marsha!—were as pathetic and fake as the canned laughter that accompanied them. This movie supports the notion that the "The Brady Bunch" concept only makes sense with a young couple heading a household of pre-teen and teenaged kids: it's a mildly amusing comedy and the characters are young again.

This is no sequel; it's a time warp. The Bradys have metamorphosed from '70s Cleavers to latter-day Munsters: the quirky family that marches happily to a different drummer amid "normal" surroundings.

This very premise may be the film's greatest weakness. Between the clever gags and unabashed giggles, you say "No way!" too many times. How could these kids *really* grow up with their way-retro clothes, hairstyles, and language and yet remain unridiculed by their contemporary classmates? In the '70s the Bradys were as hip with TV audiences as the Simpsons are today. To make them seem like dinosaurs is a little strange.

So this film is more for "The Brady Bunch" fans than anyone else. Both the charac-

terizations (with Christine Taylor as the dead-on Marsha) and the sets are true to the original, even down to the harsh indoor lighting and fake backyard grass.

Still, the modern updating comes with two unexpected, pleasant surprises. Alanna Ubach plays Noreen, Marsha's friend-but-really-unsuspecting-girlfriend. My, has she got a crush on Marsha! She does everything from holding Marsha's books

between classes to punching out her bullying male admirers, all without Marsha's awareness—until the final credits!

Then there's the gay couple who live in the Bradys' neighborhood and are shown siding with Carol and Mike at the end—along with other neighborhood couples—during the stand-off with the evil real estate salesman, Mr. Ditmeyer. No hype, no stereotyping: they're just *there*. It's nice to see that the film's producers have ostensibly acknowledged the fascination that gays and lesbians have had with "The Brady Bunch" all these years. ▼

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by Christopher Durang

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# Straight from the Heart video nominated for Academy Award

The Academy of Motion Picture Arts and Sciences announced the nomination for best Short Documentary Film is *Straight from the Heart* a video tape developed by Dr. Mosbacher of Woman Vision Productions and Frances Reid in response to the Radical Right's "The Gay Agenda" film series.

*Straight from the Heart* profiles parents who have come to a new understanding of their gay and lesbian children, and who now courageously wish to share their stories. It presents simple stories about real people: a police chief who talks about how proud he is of his lesbian daughter, a Mormon family whose son is believed to be the first gay man in Idaho to have died from AIDS and a black woman and her two lesbian daughters, both of whom had been accused of "catching" their lesbian orientation. Perhaps one or the most moving segments revolves around Dr. Roscoe Thorne and his son Tracy, the naval aviator who was drummed out of the military in 1993 after publicly acknowledging that he is gay. *Straight from the Heart* comes at a time of increasing hate crimes and anti-gay ballot measures proposed codify discrimination against gay men and lesbians. This 24-minute video movingly confronts the lies and distortions of "Agenda" videos churned out by the multimillion-dollar political machine of the Radical Right.

*Straight from the Heart* which was called "an extraordinary documentary" by *The New York Times*, was designed for use in the diverse contexts in which gay and lesbian issues are being debated. Woman Vision Productions intends to use the film as a vital part of the ongoing process to educate Americans about lesbian/gay civil rights, gays in the military, homophobia and anti-gay violence.

"The Academy Award nomination and ensuing publicity will help spread the

word about *Straight from the Heart* and carry our message to those who most need it," said co-producer Dee Mosbacher. "It offers us a unique opportunity to talk about our lives, rather than be talked about by our opponents. We hope the simple truth will be a powerful opponent to the lies and propaganda that characterize the anti-gay videos."

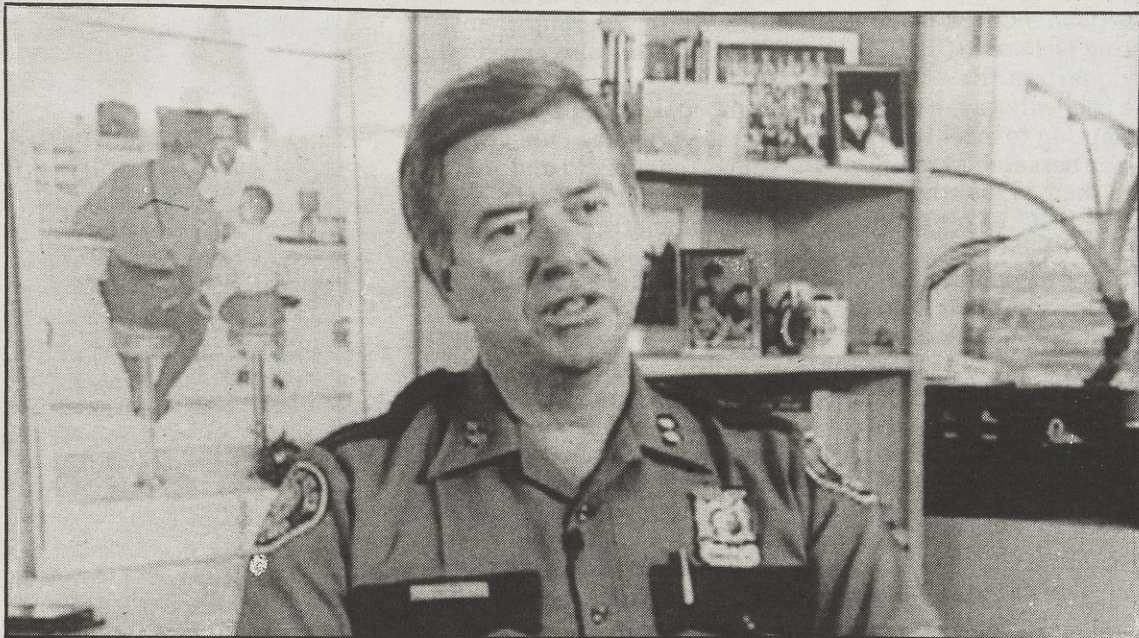
Woman Vision Productions intends to distribute the video to the "50 to 70 percent of the American people who, while opposed to discrimination based on sexual orientation, still believe that homosexuality is immoral and unacceptable," according to Mosbacher. She recently became a member of the



Dee Mosbacher

Board of Directors of the National Gay and Lesbian Task Force (NGLTF) in Washington, DC, which is distributing *Straight from the Heart* through its Policy Institute. According to producers of "The Gay Agenda," nearly 100,000 copies of that anti-gay film have been distributed -- mostly free of charge -- to incite activists to oppose civil rights for gay men and lesbians.

Mosbacher is co-producer and co-director of *Straight from the Heart*. She is a



Police Chief Tom Potter talks about how proud he is of his lesbian daughter in the Academy Award nominated film, *Straight from the Heart*.

physician who is outgoing Medical Director of the Mental Health Department of San Mateo County in California and founder and president of Woman Vision Video, a nonprofit educational video company.

She is a longtime activist in the San Francisco Bay Area and has served on the boards of various organizations, including Women's Health Services (past board president), American Medical Students Association, Pitzer College and American Association of Physicians for Human Rights (now called the Gay and Lesbian Medical Association). Mosbacher is leaving her position as medical director to devote herself full-time to producing and directing videos about homophobia. She has also produced *Out For A Change: Addressing Homophobia in Women's Sports, Closets Are Health Hazards: Gay and*

*Lesbians Physicians Come Out*, and *Physicians on Practice, Patients and Power*.

Mosbacher is the daughter of Robert Mosbacher, former Secretary of Commerce during the Bush administration and chief fundraiser for President George Bush's 1992 reelection campaign. Although an activist all her adult life, Dee Mosbacher strengthened her commitment to fight the Radical Right after watching the gay-bashing rhetoric of the 1992 Republican National Convention.

Frances Reid, co-producer, co-director and cinematographer of *Straight from the Heart*, is an award-winning San Francisco filmmaker. Her production and direction credits include, *The Face of AIDS*, (1992 first prize at the Black Filmmakers Hall of Fame) and *Greetings from Washington DC*, (1981 San Francisco Cable Car Award for Outstanding Documentary). Her cinematography credits include, *Reno's Kids*, *Breaking the Silence*, and the Academy Award-winners *Common Threads: Stories from the Quilt*, *In the Shadow of the Stars* and *The Times of Harvey Milk*.

Deborah Hoffman, *Straight from the Heart* editor, was also nominated in the feature length documentary category for *Complaints of a Dutiful Daughter*, her directorial debut. In the past, she edited *The Times of Harvey Milk* and *Common Threads*, both of which won Academy Awards. Other projects have included *Men Who Molest* (national Emmy) and Marlon Rigg's films *Color Adjustment* (Peabody Award) and *Ethnic Notions* (national Emmy). ▼

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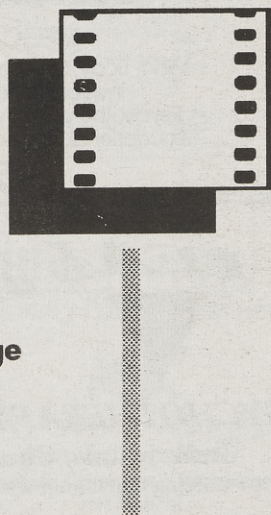
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## Rev. Mel White arrested by the Christian Broadcasting Network

**R**ev. Mel White, a former ghostwriter for Pat Robertson, was arrested February 15 at Pat Robertson's Christian Broadcasting Network (CBN) headquarters. Rev. White, who is openly gay, has been attempting to meet with his former boss Robertson for more than 20 months to discuss Robertson's extensive use of anti-gay rhetoric on the 700 Club and in the Christian Coalition policy statements and fundraising appeals. Rev. White is with the Universal Fellowship of Metropolitan Community Churches.

During this his third attempt to meet with Robertson, White was joined by a coalition of a dozen clergy. White seeks a meeting to make two requests of Robertson: 1) acknowledge the growing number of hate crimes against gay and lesbian people and 2) condemn those hate crimes and the people who incite or commit them. White and his delegation first went to the CBN campus and Valentine's Day, but were turned away. On February 15, White and his delegation returned and were met by CBN security forces. His delegation left the campus, while White remained and was arrested. He is currently in the Virginia Beach jail under \$2500 bond, which he has refused. He has vowed to fast until Robertson agrees to meet with him.

Bearing Witness, a coalition of religious leaders and community groups, has delivered a daily bouquet of flowers from Rev. White to Pat Robertson at CBN since

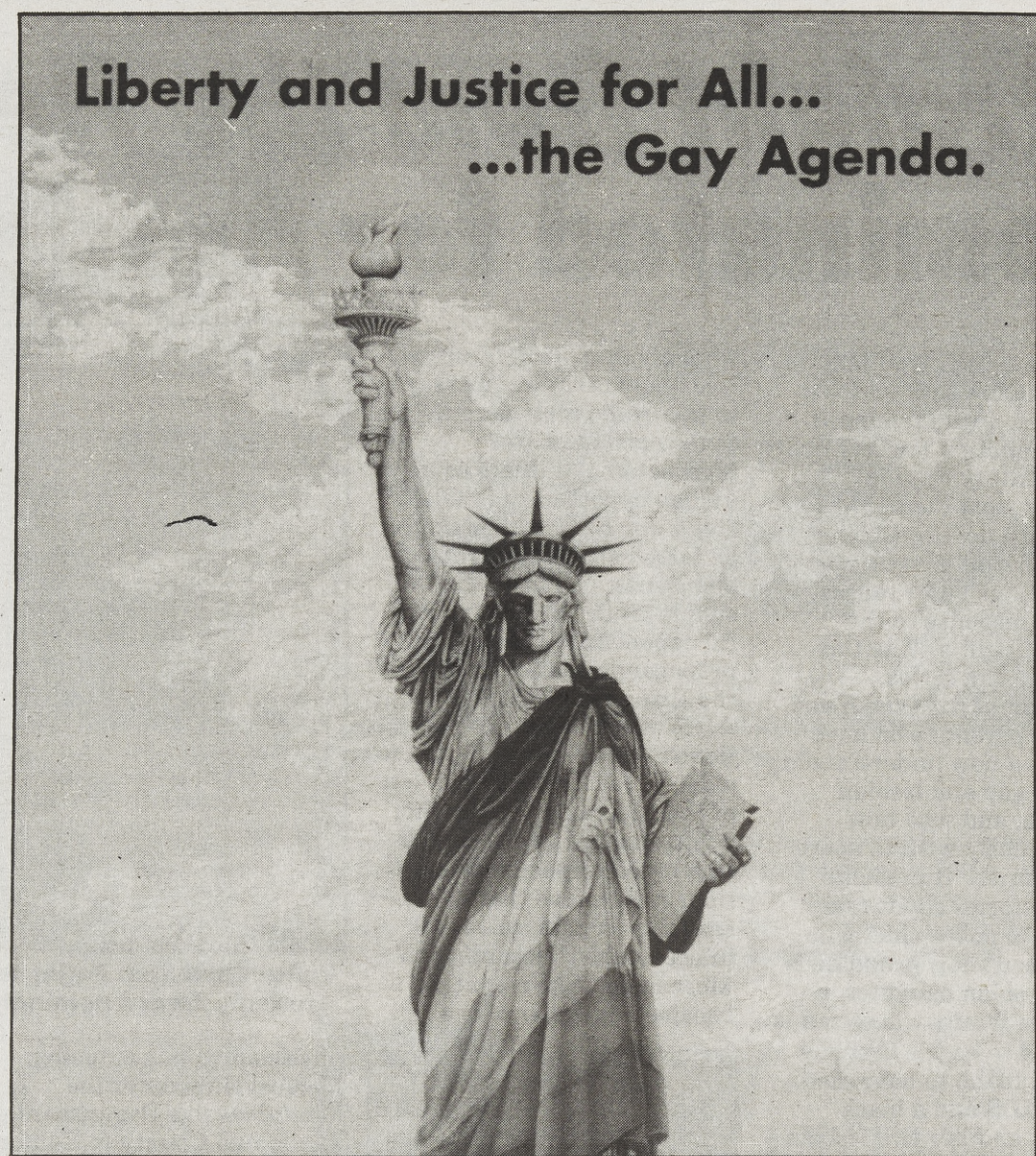
White's incarceration. White's supporters have lined the street outside CBN, urging Robertson to meet with White. A group of anti-gay protesters also appeared, organized by local Radical Right spokesman Donald Spitzer, who has publicly supported murder and violence against doctors who perform abortions. One protester held a sign that read, "Pat, Just Say No to the Homo."

"Rev. White's arrest and imprisonment reveals that Pat Robertson is threatened by the truth, the truth about gay and lesbian people, the truth as told to him by fellow people of faith," said NGLTF's Robert Bray. "When faced with a true coalition of Christians who support tolerance and justice for all, Robertson cowers behind a wall of security to protect his fortress of bigotry." ▼

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# Dinosaur breath in dogs

by Joan B. Guertin  
MGW/Staff

**W** hoooo! Fido lifts his pointy nose to give you a morning smooch and you recoil. Fido has Dinosaur Breath! No one wants a kiss when the breath smells foul. So, what to do? Well, believe it or not, Fido and Fifi need dental care too. All too often it is something that gets overlooked, even by those who take meticulous care of their dogs. However, the American Veterinary Dental Society and The American Veterinary Medical Association are currently campaigning to raise public awareness of the problem. In fact, they even designated February as National Pet Dental Health Month.

According to a report from the AVDS, almost 36 million households across the US own dogs, most of which are at risk for developing dental problems. The warning signs are:

- \* Bad breath
- \* A yellow-brown crust of tartar around the gum line
- \* Pain or bleeding when the dog eats or when its mouth or gums are touched
- \* Loss of appetite or difficulty in chewing ...
- ... Periodontal disease may result. And, according to their statistics, by age three, gum disease affects eight in 10 dogs.

Let's face it, we don't get up in the morning and start our day without taking time out to brush our teeth. Most of us even make it a point to go in for an annual cleaning. Why wouldn't we do the same for our dogs? We know that serious problems arise from neglect of our teeth. Now is the time to take stock of just

how you are caring for your dogs teeth.

All dogs should be routinely checked by a vet at least once a year. That check up should include a dental check. Many times a cleaning is recommended; however, it requires that the dog be anesthetized in order to thoroughly clean off the plaque that has formed. This is a costly procedure that we often don't budget for. This isn't something that we can continue to ignore.



Photo/Sharon Speller

As costs of living rise, too often we are looking for the most economical means to care for our pets. That means that we often rely on the low-cost shot clinics for the annual inoculations. However, what you will not get at a clinic that your vet will do is to do that thorough check up that includes a look into the dogs mouth to make sure that the teeth are in good shape.

Once your vet has done his job, now it is time to begin a regular dental

care program at home. A mild bone a day doesn't solve the problem. You need to brush the dogs teeth using a specially formulated pet toothpaste and a toothbrush designed for your pet. The brush I like is the one that fits over your finger and allows you to reach in and brush the teeth and massage the gums. Your veterinarian can show you how it's done if you are having problems. It doesn't take long for your dog to learn to enjoy the attention. Of course, many dog food companies are touting special diets that will reduce plaque and provide dental benefits; however, any good diet contributes to the overall health of your pet.

If your dog does have a history of rapid plaque formation, gum or teeth problems, then more frequent cleanings should be considered. A healthy mouth will show clean, smooth, white teeth surrounded by firm, pink gum tissue.

Oh yes, and don't forget Kitty. The care of your cat's mouth is just as important, and there is a tooth paste for cats as well. So, brush your own teeth and then take care of your pet's dental needs. ▼

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## On the HIV front ...

by Sonya Cox  
AIDS/HIV Editor

### Losses...

\*Paul Monette, award-winning author of *Borrowed Time: An AIDS Memoir*, describing the illness and death of his lover, died Friday, February 10, at his home in West Hollywood.

\*Joel Ferreira, who worked with Sacramento's Hand-to-Hand Project, died Friday, February 17, at his home in Hawaii. (A remembrance of Joel will appear in the next issue of *MGW*.)

### Dox-SL not approved...

The FDA (Food and Drug Administration) cancer advisory committee has decided against recommending approval of the drug Dox-SL to treat Kaposi's sarcoma. The drug, designed to linger in the bloodstream and target cancer sites, has been tested on 77 people. Of this number, six experienced some benefit, but this ratio does not demonstrate the product's effectiveness sufficiently, says the committee. Over the years of the AIDS epidemic, physicians have treated KS as a cancer because it proliferates in the same way as do malignancies, and because it responds to some extent to cancer therapies. Controversy continues, however, because some cancer characteristics don't hold true for KS. A recent study, for example, isolated herpesvirus as well as other consistent co-factors in 93 percent of the KS lesions of 27 men studied, lending support to the long-held theory of some researchers that AIDS-related KS may be a sexually transmitted disease, not a cancer. An alternative response to the same data is that the herpesvirus may lie dormant in people and then preferentially colonize in KS lesions once their immune system becomes suppressed. In any case, continuing studies on the biochemical processes and inter-relationship of the co-factors could lead to better treatments aimed at thwarting the spread of KS.

### Moms...

Sacramento's Mothers Support Group is open to all moms of sons and daughters infected with HIV and AIDS, or lost to AIDS. The group meets every Tuesday at the Sacramento AIDS Foundation (920 - 20th Street) from 1:30 to 3. Evening meetings are held the first and third Tuesday of each month. Call 944-4087 or 985-7853 for information, or just to talk.

### Plastic condoms are coming...

New polyurethane condoms "for latex-sensitive condom users" will contain

specific wording approved by the FDA until more studies are complete. The package, says the FDA, must emphasize that the risks for pregnancy and sexually transmitted diseases are unknown, and must contain a label that reads "latex condoms for men, if used correctly with every act of vaginal intercourse, are highly effective at preventing pregnancy, as well as STDs, including AIDS." The wording confuses the rubber/plastic message (latex is a source of synthetic rubber or plastic), and seems to specifically avoid the issue of the condom's ability to prevent STD/HIV transmission to the recipient in male-to-male intercourse. Some researchers argue that the label is too restrictive, as the product is a good one. Others respond, "How many people go into a store and read the package label anyway?" We do, right?

### Low platelets studied...

Very low platelet counts (immune thrombocytopenia) affect between 3 and 12 percent of people with HIV disease, and between 30 and 60 percent of people with full-blown AIDS. HIV infection can impair production of platelets or cause their destruction by platelet antibodies. Alcohol and some medications such as aspirin, dilantin, and heparin can contribute to the problem. Internal bleeding can occur in various areas of the body when there is a critical shortage of platelets (usually fewer than 20,000), but it rarely occurs in the gastrointestinal tract, where a major hemorrhage could be fatal. Oral medications such as AZT and danazol are being studied as treatments. More aggressive intravenous chemo therapies should be restricted to those who do not respond to oral medications, say researchers, with spleen removal as a final option.

### Aspirin and HIV studied...

Researchers in New York City are examining the effects of high-dose aspirin intake on HIV to determine if it reduces the viral load. In the laboratory, aspirin inhibits the activation of factors that coordinate chemical communications between cells. The research will undoubtedly also address the possible exacerbation of internal bleeding in people with low platelet levels.

### Natural immunity? ...

Physicians from the Institute of Molecular Medicine in Oxford, England, are studying a group of 25 prostitutes in Gambia who seem to have developed some type of immunity to the HIV virus. The women don't use condoms on a regular basis, and must get exposed to HIV at least once a month, estimate the researchers, since at

least 1 out of every 50 people in Gambia is HIV-positive — yet none of the prostitutes has any sign of HIV infection. [Gambia's tourist trade was destroyed last year by a military coup. Prior to that, many of the country's 130,000 visitors each year were said to be middle-aged women seeking sex with young Gambian men.]

arguments against disclosure, Circuit Court Judge Billy Landrum allowed the defense to release the HIV status of Robert Walters and Joseph Shoemake. The bodies of the two men were discovered near a railroad track outside of Laurel, Mississippi in early October 1994.

Beth Barrett, NGLTF

spokesperson, "The judge's decision to divulge the HIV status of Walters and Shoemake to the jury is reprehensible. This is clearly an attempt to play on society's fear of people with AIDS. HIV status is never an excuse for murder.▼

## FAREWELL

### MGW Newspaper Obituary and Remembrance Policy

There is no charge for obituaries of under 200 words. MGW Newspaper reserves the right to publish obituaries or remembrances and to edit content for style, clarity and grammar. Color or black and white photographs may be submitted and will be cropped as head shots for publication. Photos must be labeled with the name of the deceased and will be returned with SASE only. Deadlines are the 5th and 20th of each month.

### David Arnold Trimble

In Sacramento on February 10, 1995. Age 48. Preceded in death by his parents Arnold and Ethel Trimble; also by his stepmother Ruth Blandford Trimble. Loving brother of Thomas Trimble of Williamsburg, VA, and Honore McNamee of Ft. Pierce, FL. Central High School Class of 1964; La Crosse, Wisconsin. Cornell College Class of 1968; Mt. Vernon, Iowa. Served in India as a member of the

### Paul Monette

Paul Monette, a writer who won national honors for an autobiography that traced his tortuous path from the stigma of being a homosexual and a memoir detailing the agonizing AIDS death of his companion, has died of the same disease. Mr. Monette, 49, died February 10 at his West Hollywood home. His works include "Becoming a Man: Half a Life Story," which won the National Book Award for non-fiction; and "Borrowed Time: An AIDS Memoir," a poignant examination of companion Roger Horwitz's illness and death.▼

Peace Corps 1968-1970. Masters Degree from Cranbrook Academy of Art, Detroit, MI. A private cremation has been arranged through Nightingale-Gilmore Funeral Chapel.▼

### Phil Johnson

Memorial Services have been scheduled for Phil Johnson of Sacramento who died on December 28, 1994. There will be a public commemoration in Capitol Park at the intersection of 13th and "M" streets on Saturday, March 4 at 4:30 pm. A canopy will be provided for rainy weather.▼

### S. F. public library helps

San Franciscans with AIDS often can't get to a library, but now the library can get to them. The San Francisco public library is seeking volunteers who will carry books and tapes to the homebound in the new "friends for life" program. Free training will begin this spring. Participants will learn about library and community services so they can provide referrals as requested by their clients. Info: 415-557-4280.▼

## AIDS WALK 1995

850 miles  
Starts June 1 in Laguna Beach ~ ends in Sacramento on Aug. 31  
Info: 535-5067

## HIV status admitted in murder trial

Jurors in the murder case of two gay men learned the HIV status of both victims today. Despite legal

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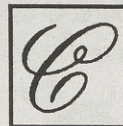
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## Spring gardening, doing it right from the start

by Scott Smoot  
MGW/Staff

**T**humb through those gardening catalogs, read the Farmer's Almanac and ponder the nature of things. Spring is around the corner, and it's time to bring the yard and garden into the new season. But before the actual work begins, let's talk basics. Here's what you'll need to do the job right.

### Tools

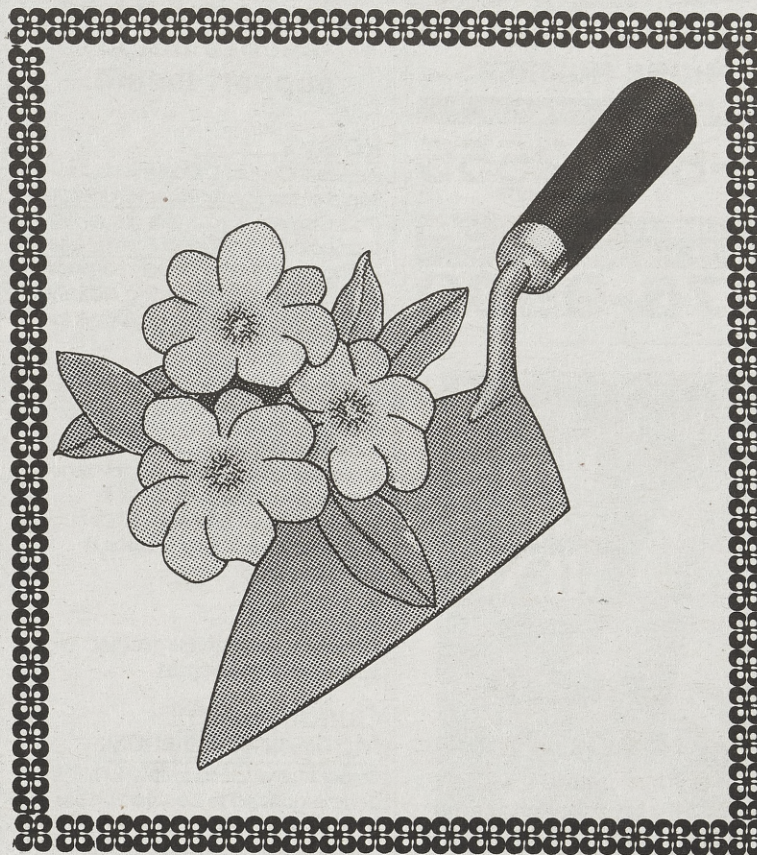
- \* Hula hoe or claw, which lifts and turns and aerates the soil as it eliminates weeds;
- \* Garden and a leaf rake;
- \* Round tip shovel for planting and digging holes;
- \* Leaf blower (preferably gas, which has more power);
- \* Weed eater and lawn mower;
- \* Small pruning shears for bushes and a large one if you have trees;
- \* Whirlybird broadcast-style fertilizer spreader and, a wide, heavy-duty push broom.

Now you're ready for sweat equity. Start your gardening season by weeding your flower beds, the old

fashioned way by pulling the weeds rather than using a pre-emergence weed killer. Next mulch beds by adding a light amount of manure and redwood compost or peat moss, which keeps the moisture in and lightens up the soil.

Follow that with some fertilizer for the yard to give it a nice "push" into Spring. Use a multi-purpose fertilizer every 10 weeks, one that contains higher amounts of nitrogen, which provides plants their growing power. The other elements in typical multi-purpose fertilizers are phosphorous, for sturdy stock and potassium which aids flowering.

If your yard or garden has tough weeds such as dandelions, Bermuda, dallas grass or clovers, you'll have to spray them with some Round-Up weed killer. Most importantly, read the package directions carefully before you use the product, and NEVER SPRAY ON A WINDY DAY, as any overspray will do severe damage to other plants. Two applications for Bermuda



grass and one for all the others. After about three or four weeks, you'll be able to hoe the dead materials from the yard or flower beds. It's also a good idea to

check your sprinklers, and your timer if you have one, well before you will need to use them. Test the spray to make certain it covers the area properly, and adjust the

sprinkler heads, if necessary.

Have your lawn mower checked over by a reputable mower shop where the spark plugs and oil will be changed, and the blades sharpened.

With all the prep work done, you can begin designing the look you want in your yard or garden and what plants you'd like to see there.

Next issue: planting, pests, and mowing.

Scott Smoot, owner of Smoot Landscaping, is an award winning, full service Sacramento landscape artist. His designs have been featured in Sunset magazine and other publications, and on several home tours including "The Street of Dreams."

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BREAD STORE, 1716 J St.  
BUFFALO CLUB, 19th & S  
CAPITOL WORKS CAFE, L St. at 15th  
CARES, 2710 Capitol Ave.  
CHOICES, 2417 K St.  
CITY HALL-Mayor Office, 915 I Street  
CITY TREASURE, 18TH & L  
CRAZY RAZOR, 21st btwn Capitol & L  
CREST THEATER, 1013 K St.  
CSUS Library Lobby  
DAVIS FOOD CO-OP, G St., Davis  
DAVIS NEWSBEAT, 231 E St. #17, Davis  
DELTA OF VENUS CAFE, 122 B St, Davis  
DUKE'S COFFEE, 16th & Broadway  
ERNESTO'S, 1901 16th & S Sts.  
FACES, 2000 K St.  
FOOD CO-OP, 1900 Alhambra at S St.  
FOX & GOOSE, 1001 R St.  
GELATO ROBI, 2317 J St.  
GRETA'S, 19th & Capitol  
JAMMIN' JO'S, 2710 Broadway  
JAVA CITY, 1800 Capitol Ave.  
JAVA CITY, Sutter Galleria, 29th & J Sts.  
JTC-SIERRA INN, 2600 Auburn Blvd & Fulton  
LAMBDA CENTER, 20th & L St.  
LIONESS BOOKS, 2224 J St.  
LUNA CAFE, 1414 16th St.  
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MCKINLEY PK CLUNIE CLUB, 601 Alhambra  
MERCANTILE, 20th & L St.  
MGW Newspaper, 1725 L St.  
MIRAGE, 601 15th at F St.  
MOMENT OF TOUCH, J & 23rd Sts.  
NEW HELVETIA, 1215 19th St.  
NEW HELVETIA #2, 24th St & 2nd Ave.  
NEWSBEAT NEWSSTAND, 1005 L St.  
PARCEL PLUS, 3104 O St.  
PESCAO'S MEXICAN FOOD, 2801 P St.  
PIECES, 1309 21st St.  
PLANNED PARENTHOOD, 2415 K St.  
RICK'S Deserts, 2322 K St.  
SACTO INN CINEMAS, 1600 Cormorant Wy  
SAC COUNTY ADMIN., 8th St. (btwn. I&H)  
SAF, 920 20th at J, 2nd Floor  
STATE CAPITOL CAFETERIA, L & 11th, 6th Floor  
TACO LOCO CAFETERIAS, 1122 11th St.  
TACO LOCO TAQUERIA, 2326 J St.  
TAYLOR'S MARKET, 2900 Freepoint  
THE BEAT, 17th & J Streets  
TIME TESTED BOOKS, 114 21st St.  
TOWER BOOKS, Broadway at 16th  
TOWER BOOKS, 2538 Watt Ave.  
TOWER BOOKS, 7830 Macy Plaza  
TOWER THEATER, Broadway at 16th  
TOWNHOUSE, 1517 21st St.  
VALENTIS, 921 11th & J Sts.  
VIRGIN RECORDS, 1720 Arden Way  
WEATHERSTONE COFFEE SHOP, 812 21st  
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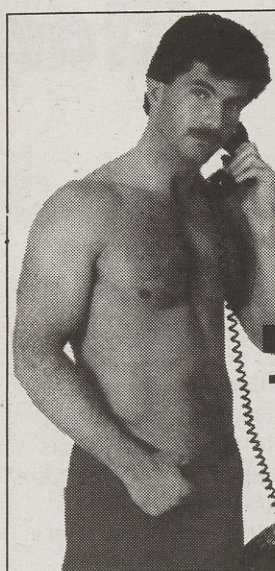
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### Raley's:

President Charles L. Collins is on the Board of the Family Research Institute (Paul Cameron's scientists group) with Lou Sheldon's Traditional Family Values. During Sacramento County hearings several years ago regarding AIDS, they testified against having gays work for them.

### Burger King:

National owner has donated large sums to anti-gay and fundamentalist far right religious zealots. Local owner Joe Lal destroyed Sac. News & Review's papers and newstands in 1994 because of Gay & Lesbian personal ads.

### Carl's Jr.:

Owner Karl Karcher has donated large sums to anti-gay causes.

### Curran, Hiltom Marketing Agency:

Owner Marilyn Curran wrote to MGW and demanded to be taken off the PR mailing list. MGW routinely mails copies of the newspaper to all ad agencies.

### Calvary Christian Center:

Rev. Phillip G. Gondeaux is active in hate with Rev. Lou Sheldon.

### Lithographics:

16th & J St. Owner refused to work with Joan Greenfield's First Blush Lesbian Greeting Cards.

### Capitol Christian Center:

Rev. Glen Cole stands in the ranks with Lou Sheldon's Traditional Values Coalition.

Call **MGW NEWSPAPER** if you have evidence of other local and national businesses that have discriminated against gays & lesbians.  
**441-6397**

Instant Phone Contacts By Area Code

MANFINDER

Sacramento **LOOKING FOR A BIG TOP:** GWM 30 iso well endowed top for fun, any race age, Stan- #28588

Sacramento **STUDLY COWBOYS:** Kinda new to this, want to meet some other studly cowboys 30-40 masc only, if ur int give me a call- #28721

Chico **CHICO GUYS:** GWM 21 iso GM in the area for friendship poss rel, top male- give me a call- Shane- #28865

Sacramento **HAIRY BLONDE:** Brian, 27, WM 6', blond/blu 200 hairy guy iso someone to get together with for poss rel- #28956

Sacramento **SHARE SOME LAUGHS:** guys guy iso someone good lkg good spirited to share laughs and have some fun- #29337

Truckee **AVID SKIIR:** Jeff, athl outgoing fit, like to party looking to improve my social life 36 blond/blu 160, avid skier, outdoors, like to meet w/sim int for good times, poss rel- #29570

Citrus Hts **SALT AND PEPPER HAIR:** Ken, 43, male, 6', 160, long salt and pepper hair with mustache, like to meet some guys in the area, like to get together and see what happens, give me a call- #31372

Mt. Shasta **REACH OUT:** Mike, 6'1 blond blu, looking to reach out and touch someone lv a message- #30607

## GRAB THAT PHONE!

- HERE'S HOW IT WORKS:
- 1) To respond to these ads & browse others Call: 1-900-896-HUNK
  - 2) To record your FREE MGW personal ad Call: 1-800-546-MENIN (We'll print it here)
  - 3) To pick-up messages from your existing ad Call: the 900 number & Press the star key (\*)

Due to our large volume of calls, if you can't get thru, simply try your call later.  
900 blocked? Try 1-800-863-9200. VISA/MC.  
Questions Call: 1-415-281-3183

Sacramento **VERSATILE TOP:** Bob, early 30s versatile top in the area, looking to meet guys to play and party sorta new to the area- #30620

Sacramento **ENDOWED MEN:** Jim, looking for some older well end'd men to have fun with, let's get together #31013

Modesto **SCOTT 24 Y/O** 5'11 160 brnblu iso guys 18-30 give me a call- #26553

Auburn **CONSTRUCTION TYPES:** John, like to meet guys pref const types and young 20-35 give me a call- #25706

Sacramento **MARRIED BI CURIOUS:** Greg 24 WM 5'9 160, married bi curious looking for my first time mid town area masc, iso 20-30 around the same build, very discreet, lv a message #26908

Sacramento **HUNG AND MACHO:** looking for a male to have fun with, macho, endowed, int give me a call- #27711

Davis **ORAL EXPERT:** hoping to meet disc men who will lay back and appr my oral skills, who will appreciate my talents call me- #27901

Sacto **QUIET EVENINGS:** Steven 35 6'1 175 brn/ beard must iso someone for fun in/ out of doors, music and a quiet eve at home with a movie, sounds int give me a call #27289

## FAST, EASY AND DISCREET... WHAT BETTER WAY TO MEET?

Citrus Heights **ANYONE FOR A GOOD TIME?** Armando 31 HM, looking to meet new friends, anyone int in having a good time give me a call- #28205

Sacramento **ONE OR MORE:** would like to meet one or more guys for regular get togethers, 40 6' 165, and enjoy movies and guy stuff thanks- #28387

Sacramento **TALL GUY SEEKS SAME:** Tony, 38, single, tall like to have a good time, if u are similar, give me a call- #23379

Sacramento **BOY NEXT DOOR:** Brett WM 21, 5'9 brn/blu, slim built, ctn cut, very attr, iso other WM under 30, slim no bodybuilders slim and cute for good times and weekends, want someone to teach me everything, little to no bdy hair- #23852

Sacramento **LARGE BOTTOM MALE,** 24 Afr Amer iso real men in the area give me a call- #23862

Sacramento **DOWNTOWN AREA:** Michael, 35 WM 5'10 170, brn/blu int in meeting BM in the downtown area for good time maybe even rel, gdlkg good shpe, int in hearing frm you- #11068

Sacramento **SATISFY ME!** Large round btm BM subm

Sacramento **BLONDE BUZZ CUT:** Jeffrey, live in Central CA, country 6'2 blond/ buzz cut, like all kinds of sports, like hike, surf, when I get to the coast, like to get to know someone and have some hot times #22159

Recording your ad: Figure out what you want to say before calling in. Write down what you want to say. Keep it short and simple. Just describe yourself and what you're looking for. Our computerized system will walk you through the rest. Have a pen ready to write down your box number.

iso real man to satisfy him give me a call- #23862

Carmichael **BOY NEXT DOOR:** single WM 30 5'9 160, brn blu trim attr boy next door type, iso WM 18-30 ht wt prop boy next door type, for friendship poss rel, local only- #24548

Lake Tahoe **CROSS DRESSING AND STUFF:** Jim 28, into looking for guys into something new, like to try cd and stuff, into it give me a call #24582

Sacramento **LUNCHTIME FUN:** John, hisp male iso discreet encounters during lunch, iso professional endowed men, 20s - 40s for very well endowed, ready for service - #21107

Sacramento **TREAT ME LIKE A BABY:** Jim, looking for a GWM or couples to be my daddy, like dressing up as a baby and treated like one, iso guys blond blu wears 501, like sports, like outdoors, hope to hear from someone- #21642

Sacramento **TV OR TS:** SWM looking for passable TVs or TS, - ask for Greg- #1824

Sacramento **BI WM** Michael, 35 WM bi, gdlkg, in very good shape int in meeting bm 25-45, pls give me a call- #22138

Sacramento **ONCE OR TWICE OR MORE:** John, btm gy iso guys to get together with either just one time dates or long term lkg for 18-28 give me a call #3023

Sacramento **ON THE LIVING ROOM FLOOR:** GWC 37 and 22 like to meet other men or couples for fun in or out of the bedroom- #22250

Sacramento **SEAN PENN LOOKALIKE:** Jeff, 20 WM 5'8, 165, sports, athletics, look like Sean Penn fair skin avg build, just curious and inexperienced, lv a message- #22593

Sacramento **QUIET EVENINGS** looking to meet 30-45 into hiking mtns ocean love music, and quiet eves together, latino, 5'4, 130, #22874

Lodi **24 HOURS A DAY:** GWM 55, 6', 180, looking for other GWM 30-50 for day or night encounters- #21693

Boulder Creek **DOMINANT DAD WANTED:** Todd looking for dom older male 40s-60s to teach sm bd, give me a call, #22124

Hanford **BLONDE BUZZ CUT:** Jeffrey, live in Central CA, country 6'2 blond/ buzz cut, like all kinds of sports, like hike, surf, when I get to the coast, like to get to know someone and have some hot times #22159

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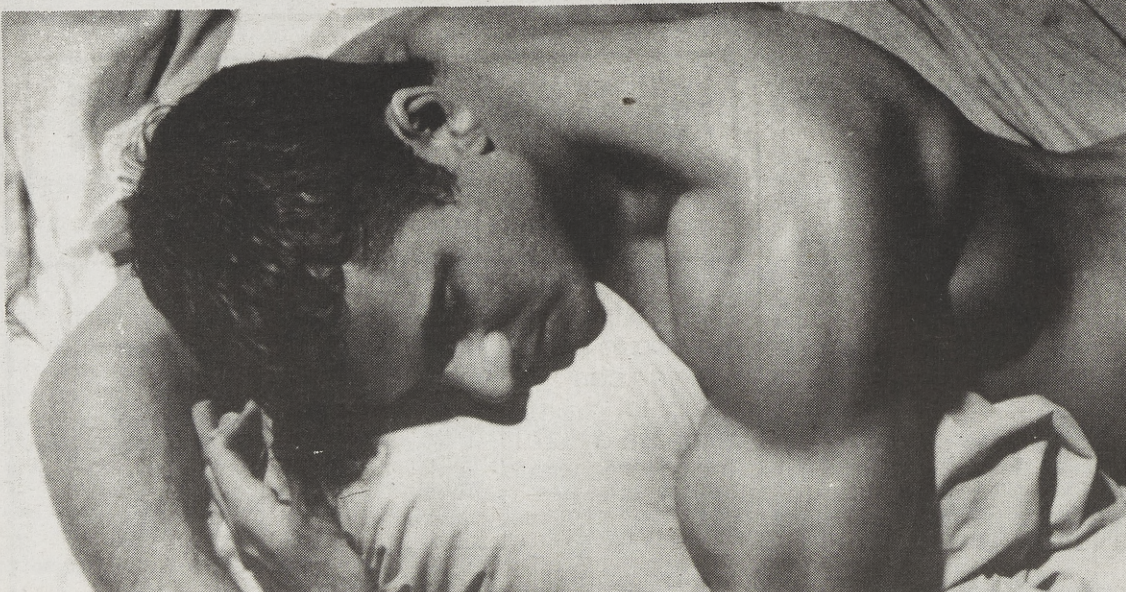
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## 1995 AIDS Benefit Calendar

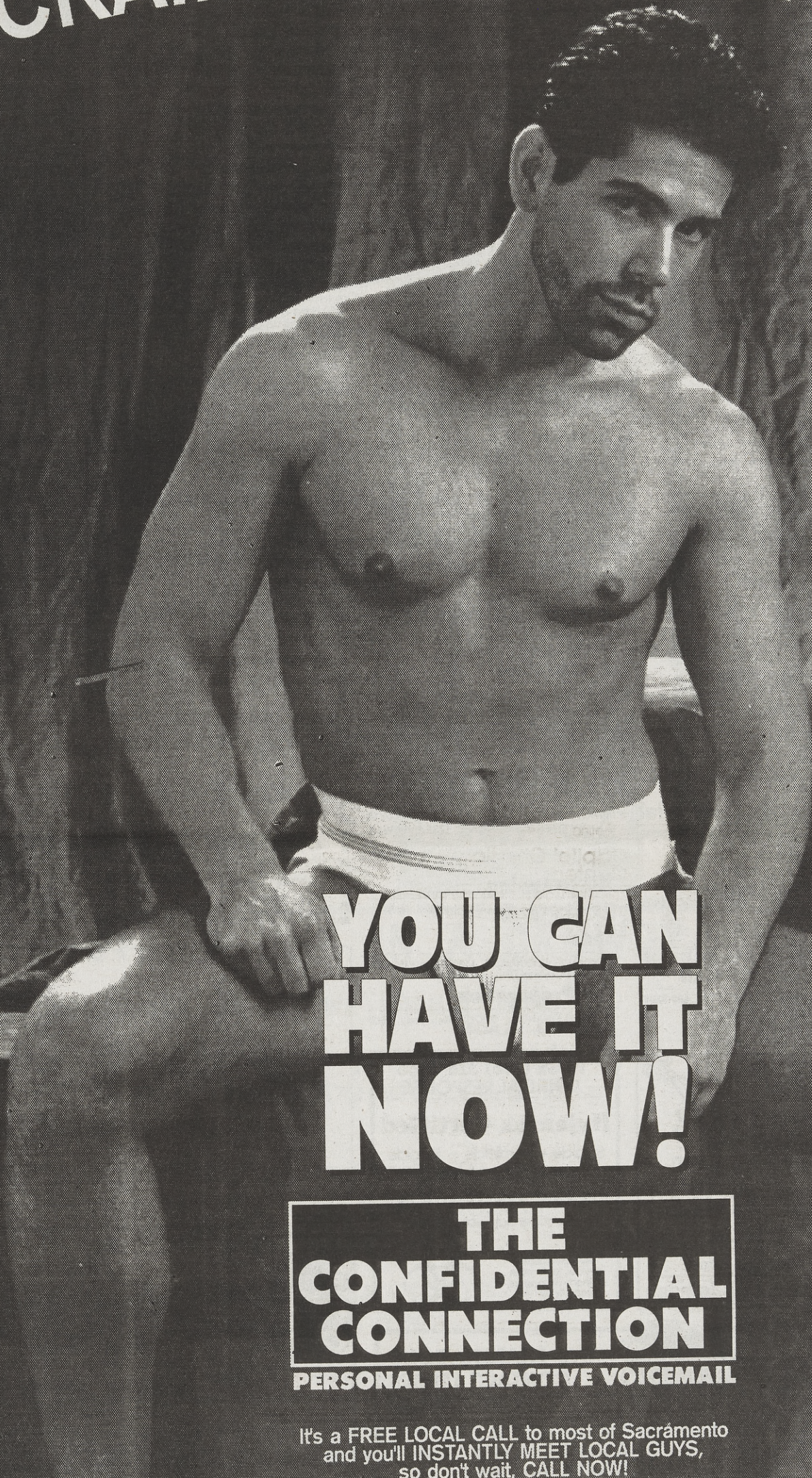
Since 1990, the AIDS Benefit Calendar has contributed \$200,000 to AIDS agencies in twelve cities. The message of the Calendar remains the same "FOCUS ON A FUTURE WITHOUT AIDS." Info.: \$12 plus \$2.25 shipping/handling to: AIDS Benefit Calendar, Dept. LD, Box 34012, San Diego, CA 92163.

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LAMBDA COMMUNITY CENTER, 1901 L St., 442-0185.  
POSITIVE GOURMET FOOD SERVICES, Box 160845, 95816-0845, 851-9850.  
SAC AIDS FOUNDATION, 920 20th St., 2nd Floor, 448-2437.

## Antiques

ANTIQUE PLAZA, 11395 Folsom Blvd., 852-8517.

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JEAN GIFFORD, 1637 Baywood Ln., Davis, 759-9659.  
ROSEMARY METRAILER, CAROLYN LANGEN-KAMP, MARGARET GEDDES, EILEEN GILLIS, 1329 H St., 447-7255.

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K ST. AUTOMOTIVE, 1621 K St., 444-6031  
RAY'S AUTO STEREO & ALARMS, 1925 F St., 447-9753.

## Bars/Nightclubs

BUFFALO CLUB, 19th and S, 442-1087  
FACES, 2000 K St., 448-7798  
JAMMIN' JO'S, Broadway & 26th, 457-7888  
MERCANTILE, 20th and L, 447-0792  
THE MIRAGE, 601 15th & F, 444-3238.  
TOWNHOUSE, 1517 21 St., 441-5122  
WESTERN, 2001 K St., 443-9831  
WRECK ROOM, 2531 Broadway, 456-1181

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DISTRICT 3: Muriel Johnson, 440-5471  
DISTRICT 4: Dave Cox, 440-5491  
DISTRICT 5: Don Nottoli, 440-5465

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LIONESS BOOKS, 2224 J St., 442-4657

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MAYOR: Joe Serna Jr., 264-5300  
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DISTRICT 2: Rob Kerth, 264-7002  
DISTRICT 3: Steve Cohn, 264-7003  
DISTRICT 4: Jimmie Yee, 264-7004  
DISTRICT 5: Deborah Ortiz, 264-7005  
DISTRICT 6: Darrell Steinberg, 264-7006  
DISTRICT 7: Robbie Waters, 264-7007  
DISTRICT 8: Sam Pannell, 264-7008

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DJ MUSIC SERVICES, Melonnee Desiree Pagano, 456-8134.

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DEAN WITTER REYNOLDS, Susan Stigen, 1517 Lincoln Way, Auburn, (800) 776-1987.  
WHISLER FINANCIAL GROUP, CFP, 446-6666  
WHITNEY & KILLICK FINANCIAL SERVICES, 2321 Lloyd Ln., 486-8985

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A FLORIST SHOPPE, 3116 Fulton Ave, 485-4100

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ENGLISH GARDEN CARE, 489-8903

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MGW GRAPHICS & TYPESETTING, 1725 L St., 441-6397

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POSTCARDS ETC., L & 21st, 446-8049

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SUZAN POPE/VICTORIA'S HAIR, 1201 24th St., 443-5456

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## Horses

SACRAMENTO EQUESTRIAN CENTER, 3822 West Elkhorn Blvd., 925-1755.

## Hotels/Inns/Resorts

ANNA'S THREE BEARS, 114 Divisadero, S.F. 800-428-8559.  
SIERRAWOOD, Box 11194, Tahoe Paradise. 577-6073  
THE VILLAGE INN, 20822 River Bl., Monte Rio, 800-303-2303  
GAY/LESBIAN TRAVEL GUIDE BOOKS. MGW, 1725 L St., 441-6397

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OLGA'S HOUSEHOLD SERVICES AGENCY, 453-0762

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ALLSTATE, DAN HUFFMAN, 721-9339  
SUE WOLF, FARMERS INSURANCE, 5659 Freeport Blvd, 421-0390

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NATIONAL MEDICAL FUNDING, (800) 877-1135

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THE CONFIDENTIAL CONNECTION, 489-9800, Ad Code: 9102.

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ARARIETY FINE JEWELRY, 1021 R St., 446-1535

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DR. CAMERON YEE, 6407 Riverside Blvd. 395-0673

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SACWN, 1616 29th St., #310, 451-8034

## Pet Care

ANIMAL HOUSECALL SERVICE, Dr. Nancy Weagly, 457-0967

BEST PETS, 3633 Bradshaw Rd. # D, 361-1957

CAPITOL AQUARIUM, 29th & T St., 452-5556

COMMON SENSE DOG TRAINING, 485-2201

HOME & CRITTER SITTERS, 447-0735

KENNEL ROOM, 2160 Marconi & Howe, Grooming Dogs & Cats, 925-4149

LAND PARK PET CENTER, 5958 S Land Park Dr. 421-2969

RICK'S DOG & CAT GROOMING, 1029 Marston, W. Sacramento, 374-8160

WAGGIN' TAILS, K9 WASTE REMOVAL, 987-8587

## Photo Processing

B + W LAB, 3271 Folsom Blvd. 455-5203

## Printing

SACRAMENTO QUICK PRINT, 2612 J St., 442-5615.

## Real Estate

REMY CECI, Coldwell Banker, 440 Drake Cir., 972-0212, 455-8054

KELLEY REALTOR, 6373 Riverside Blvd., Suite 124, 393-1111

WILLIAM J. MORGAN, Coldwell Banker, 5022 Sunrise Blvd., 966-8200, 558-0247

WHISLER LAND COMPANY, 446-6666

## Recreational Vehicles

HOLIDAY RV, 2020 Taylor Rd., Roseville, 800-739-2267

## Remodeling

FEATHER YOUR NEST HOME REPAIR, Gayle Rendleman, Lic.# 607765, 652-4204

## Repairs/Service

MIKE'S REFRIGERATION, FREEZER, HEATERS & AIR, 455-6540

## Restaurants

BARRETT'S GRILL, 1221 Alhambra Blvd., 737-0694. x4/15

DOS COYOTES BORDER CAFE, 1735 Arden Way, 927-0377

ERNESTO'S MEXICAN FOOD, 1901 16th St., 441-5850.

## Silkscreening

CREATIVE IMAGE, 6525 32nd St. #C-3, N. Highlands, 95660, 332-1005.

## Spas

SUNDANCE SHOWCASE, 4160 Florin Rd., 391-4586; 8048 Auburn Blvd., 725-3700.

## Tax Preparation

WHISLER FINANCIAL GROUP, Ken Cody, 2509 Capitol Ave., Ste. 100, 446-6666

## Theatres

SACRAMENTO INN CINEMAS, 1600 Cormorant, 443-6551  
TOWER THEATRE, 2508 Land Park Dr., 443-6551

## Therapists/ Psychologists

Minimal standards as a therapist, counselor or psychologist, include: name, phone number, highest relevant degree (M.D., M.S.W., Ph.D. etc. and in what field), and state license number. Unlicensed counselors or therapists should include a statement indicating that they are not Licensed Therapists.

JOYCE BRIGHT, M.F.C.C., #29463, 874 57th St. 455-9744

SANDRA FIELDS, Ph.D., L.C.S.W., Lic. #3725, 2740 Fulton Ave., #120, 484-6376

BRUCE GUNN, M.F.C.C., Lic. #19480, 418 Alhambra Blvd., 443-7171

BOB HALL, M.F.C.C., Lic. #MU19878, 2740 Fulton Ave., #100D, 481-9141.

EDWARD E. HALL, Ph.D., Lic. PSY5552, 418 Alhambra, 441-2210

JILL KELLY, M.S.S.W., Lic. #LCS11340, 418 Alhambra Blvd., 442-0268.

GAYE S. MARCHINI, L.C.S.W., LCS15812, 9521 Folsom Blvd., Suite R, 95827, 361-3118

JOANNE MARROW, Ph.D., #PSY8571, 446-9234.

MEREDITH RICHARDS, M.A., M.F.C.C. Intern, #IMF21497, 5619 Marconi Ave., #1, 973-1060.

SANDRA WARNE, MA, M.F.C.C., #MFC30585, 650 Howe Ave, Bldg #700, Suite 730. 333-0888.

CLARENCE WELLS, M.F.C.C., 2020 29th St. #206, 453-0342.

## Travel

GAY/LESBIAN TRAVEL GUIDE BOOKS. MGW, 1725 L St., 441-6397

MAD ABOUT TRAVEL, 930 Bell Ave., 567-1958

RED SHOES TRAVEL, 3241 Folsom Blvd., 454-4201

SPORTS LEISURE TRAVEL, 9527 A Folsom Blvd., 95827, 361-2051

## Typesetting

MGW TYPESETTING & GRAPHICS, 1725 L St., 441-6397

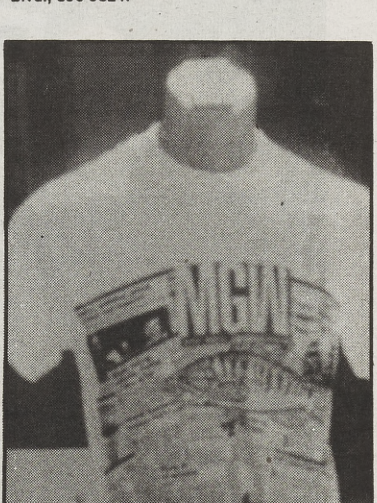
## VCR Repair

RAY'S AUTO STEREO & ALARMS, 1925 F St., 447-9753

## Veterinarians

ANIMAL HOUSECALL SERVICE, Dr. Nancy Weagly, 457-0967

POCKET SOUTH PETHOSPITAL, 7465 Rush River Dr., #160, 395-PETS.  
SOUTHSIDE VETERINARY CLINIC, 7298 Franklin Blvd., 395-9321.



**MGW**  
MOM GUESS WHAT NEWSPAPER

**T-Shirts \$10.00**  
at  
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1725 L Street  
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## CLASSIFIEDS

### Classified Policy

MGW Newspaper will not accept classified advertising that is discriminatory per Government Code, Section 12955; Housing Discrimination, California Fair Employment and Housing Act. Ads may not contain language that is discriminatory based on sex, race, color, ancestry, religious creed, national origin, physical disability (including HIV and AIDS), mental disability, medical condition, age and/or marital status.

### Announcements

HAVE YOU BEEN THE VICTIM OF A HATE CRIME? Call 442-0185.

**Retired? Bored?** Want to contribute to the gay/lesbian community? MGW Newspaper is looking for volunteers to help with phones, envelope stuffing, filing, computer inputting, painting, errands, customer service at front counter, writing, photography, etc., etc. Call 441-6397.

**Do you like to read & write?** MGW receives books from publishers on all subjects: love stories, religious, children's, political, entertainment, biographies, art, health, cookbooks, etc. MGW is looking for reviewers. You keep the book! 441-6397.

**Pets:** do you take your pet with you to work? MGW Newspaper would like to feature you and your pet. 441-6397.

### Employment

**Serious 2nd income.** Does the concept of turning a little time into a serious 2nd income interest you? Yes? Call 535-5215. This may be the most profitable call you've ever made! 535-5215 x4/15

**Janitor, 2 evenings/week,** must be reliable, MGW Newspaper, Cheryl 441-6397.

MGW is seeking a few sharp, energetic men and women who are willing to learn an exciting new career in newspaper advertising. Chosen applicants must have dependable transportation, neat appearance and a desire to succeed in this competitive industry. We offer ongoing training, generous commission programs and a great work environment. Call Tom at 441-6397.

College Internships available at MGW Newspaper in graphics, reporting, photography, computers, ad sales, public relations, financial and artist! Units given in 195/198 or 295/298. Contact your advisor in your department and call Linda, 441-6397. TFN

**Delivery Person** for MGW newspaper. Part-Time every month on the 1st and 15th. Must have large car, van, covered truck. Extremely reliable, fast, know the Sacramento area. 441-6397 TFN

### For Rent

Apt for rent: Madison & Garfield nr ARC, 1000 sq ft 2 BD, 1 BA twinnse. \$475/mo. + dep. Garage, storage, pool. 332-1505. x3/15

1 BR upstairs midtown, CH&A, frpic, fresh paint, parking, 2113 O, \$405, 485-7912.

Apartments & Houses for Rent, Whisler Land Company, 448-1999.

Hair station for rent to a stylist with a clientele Crazy Razor, midtown. Dianne, 446-3790. TFN

Small quaint cottage for rent. Great for artist, writer or someone that would like quiet space. Cottage is for day use only, not a live-in. 1/2 bath, no kitchen, etc. Landpark Area, \$200. Linda, 441-6397. TFN

### For Sale

Tahoe Park! Large 3 BD, 2 BA home on deep, private lot! Over 1500 sq ft, remodeled thru-out! Just listed for only \$107,500! For appt, call Krys 363-5951, Agt. x3/15

1925 Sloat Way, \$139,000, beaut rehabbed bungalow on treelined street. 3 BR, 1 1/2 BA, FDR, inside laundry rm, DW, disposal, self-cleaning oven. Lrg yd, compl fnc'd, h/dwd fir, French drs to trellised deck. Call one of the agents in this paper. TFN

Mobile Home 10x55 w/8x11 expando. New carpet, lighting, wallpaper, lighting, floors. Exc. senior park in Rancho Cordova. Just \$8500. 368-7224 x3/15

Creative seller financing SFR's Area 1, 3. 444-8080 x3/15

Push button business phones. 5 line w/hold button. 10 phones + system. Make offer, whole or part. 441-6397. TFN

### Horse Boarding

Sacramento Equestrian Center - Horseboarding, 180 full care stalls, 150 paddocks, riding lessons. Available for events, Fundraisers, Horseshows, 10 min to downtown. Polo Field, racetrack, 2 lighted arenas. 925-1755. TFN

### Lesbians Seeking Lesbians

Wanted: Someone that likes to sew. MGW needs to replace its Rainbow Tree Bow in front of our office. We'll supply the fabric and give you some Tower Theatre tickets. 441-6397.

### Gay Men Seeking Gay Men

Middle-aged, gd looking professional, honest & sincere WLM young, clean, shaven GWM to care for. Small build OK. NDLA, Box 1392, Cameron Park, CA 95682 x3/15

Wanted: Someone that likes to sew. MGW needs to replace its Rainbow Tree Bow in front of our office. We'll supply the fabric and give you some Tower Theatre tickets. 441-6397.

MEN TO MEN, full color catalog of x-rated gay videos. 1000 current reviews and color photos. Adam Gay Video 1995 Directory, Dept. 3904-5, 8060 Melrose Ave., L.A., 90046-7082, \$8.95 plus \$2.85 shipping, CA residents add 8.25% tax. TFN

### Miscellaneous

Volunteer with a truck needed to run errands every now and then for MGW. Muscle power helpful. Call Cheryl or Tom, 441-6397. TFN

Hard Daddy XX video. 40 y.o. + in 2 hot hours \$40. Altomar, 1500 W. El Camino Ave., 13-114 Sacramento, CA 95833 (brochures included) x4/15

Wanted: Someone that likes to sew. MGW needs to replace its Rainbow Tree Bow in front of our office. We'll supply the fabric and give you some Tower Theatre tickets. 441-6397.

### Roommates

GWM seeking GM to share 2 BD, 2 BA apt. by April 1. Has pool/Indy, Arden Fair area, NS/ND, \$297.50/mo. + 1/2 util. 568-6123. x3/15

Folsom, 25 min to dwnth. GM, roommates \$350/mo. incl. utilities. 984-9354. x4/15

Shr lrg 3 BD 2BA So. Natomas home. Has spa, gym, cable, frpic, W/D, Indsc'd yds, alarm. Near dwnth, fwy's, shopping, park. \$375/mo + 1/2 util. Call 923-6274 x3/15

### Services

Hispanic kneading massage for "for males only" \$30, outcalls only. Tony 535-7688 lv. msg. x3/1

Revitalizing full body massage for men by Alan 457-5960. x3/15

Gay/Lesbian Travel Guide Books. MGW, 1725 L St., 441-6397. TFN

### Vacation Rentals

Trade? Will trade our vacation home for yours for week or weekend. Sleeps 6, on Clearlake, pier and boat ramp. Fully equipped. 753-0424. TFN

### Wanted

Volunteer with a truck needed to run errands every now and then for MGW. Muscle power helpful. Call Cheryl or Tom, 441-6397. TFN

Wanted: Someone that likes to sew. MGW needs to replace its Rainbow Tree Bow in front of our office. We'll supply the fabric and give you some Tower Theatre tickets. 441-6397.

Old cameras wanted for decorating MGW offices. 441-6397. TFN

Very small used canoe. Prefer something light, pos., plastic or fiberglass. Rosemary Metralier, 447-7255. TFN

Looking for a windowed van. Good condition. Linda, 441-6397. TFN

## MGW Newspaper BUSINESS DIRECTORY LISTINGS

are only  
\$15  
per issue

Call:  
441-NEWS

## ★ Lesbian Personals



### FEMALE ONLY PERSONALS

Calaveras Co. **PERSONAL TRAINER:** Lisa 36, personal trainer and stunt double, like fun outdoors, give me a call- #30986

Sacramento **BD AND SM:** Leah looking for someone who likes dom, likes bd and sm, lv a message #27365

Sacramento **FEMININE TOPS:** Sue, prefer fem tops, early 40s, pretty attr, smart, good job, great place to live, like sports, like second hand store shopping, great dane, drink coffee, non drinker iso someone age appropriate taller the better, #28033

Sacramento **NEWLY SINGLE:** Michelle self empd hairdresser camping country music movies, like to meet for

companionship, just got out of a marriage to another woman, 46-just looking for fun #30580

Sacramento **EXPLORE A LITTLE:** Tanya, looking for a bi female to have fun with, maybe explore a little, #27625

Sacramento **BEAUTIFUL SMILE:** Christine, 25, single GF 5'6 brn blu good smile, size 16 hopeless romantic love to sing, talking, iso romantic woman, #32613

Sacramento **HOPELESS ROMANTIC:** GWF iso GWF in the area hopeless romantic, country music dancing, pref non smoker, drink occasionally lkg for rel, like to be friends and have it grow into a rel- #34561

There's no charge to leave a greeting:

**1-800-326-MEET**

To pick-up your private responses or browse:

**1-900-896-4865** Press 1

ADULTS ONLY. MUST BE 18+. C/S 415-281-3183. STILL ONLY \$1.99/MIN.

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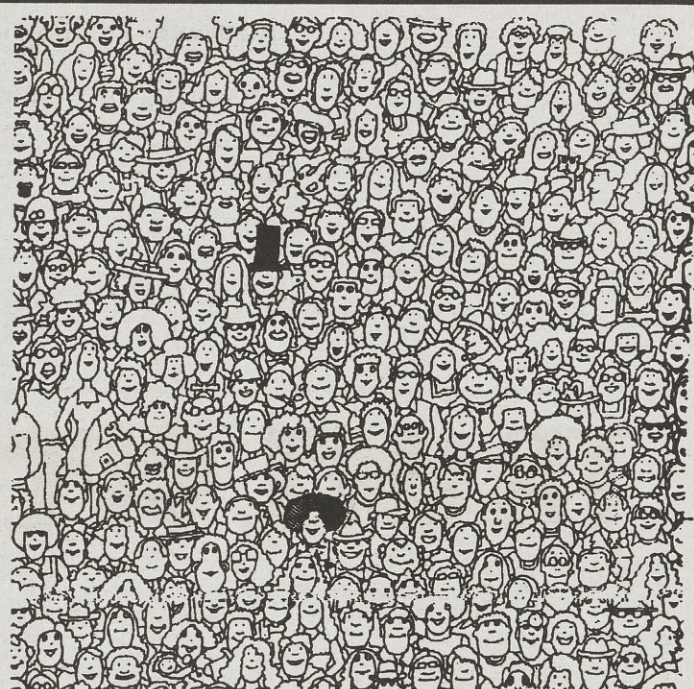
If you think so ... we should talk.

MGW is seeking a few sharp, energetic men and women who are willing to learn an exciting new career in newspaper advertising.

Chosen applicants must have dependable transportation, neat appearance and a desire to succeed in this competitive industry.

We offer ongoing training, generous commission programs and a great work environment.

Call Tom at 441-6397



CLASSIFIEDS / PERSONALS / BUSINESS DIRECTORY LISTINGS • Mail to: MGW Newspaper, 1725 L St., Sacramento, CA 95814

### CATEGORIES:

- ☐ Announcements
- ☐ Bi's Seeking
- ☐ Employment
- ☐ For Rent
- ☐ For Sale
- ☐ Freebies
- ☐ Lesbians seeking Lesbians
- ☐ Men Seeking Men
- ☐ Misc.
- ☐ Roommates
- ☐ Services
- ☐ Vacation Rentals
- ☐ Wanted
- ☐ Other

Business Directory/Classified Heading

\$5

\$8

\$11

\$14

Attach second sheet for additional lines

**Personals Policy:** MGW encourages ads that are non-biased, positive, lively, and health-conscious. We reserve the right to reject any ad whatsoever. Sexually explicit or suggestive words will be edited and/or deleted. Final determination will be made by our staff. Ads are to reach us by the 5th and 20th of each month. The Voice Mail Personal Ads are FREE—call 1 (800) 896-6366 and follow the instructions. Ads must be prepaid. Changes and cancellations: \$15 fee.

### Business Directory Policy:

Include only business name, address and telephone number. No substitutions. Ads must be prepaid. Ads placed under contract are invoiced monthly.

### COMPUTE YOUR COST

lines X issues = \$  
MGW Personals Box Rental, 1 mo. \$10/mo. = \$  
Personals Box Rental + forwarding, \$15/mo. = \$  
Bus. Directory Ads, \$15 X issues = \$  
MGW Subscription, 1 year \$25 = \$  
**TOTAL AMOUNT DUE \$**

Name

Address

City, State, Zip

Phone (W)

(H)

For verification between 9am-5pm

Signature

NO PHONE ORDERS  
NO REFUNDS—CREDIT ONLY!

OFFICE USE ONLY  
Date  
Check #  
Amt. Paid



# CALENDAR

# M

# A

# R

# C

# H

## 1 WEDNESDAY

Maya Angelou Lecture, 7:30pm, South gym, CSUS, 6000 J St., 278-6156.

Sacramento City Council Committee Meetings on Neighborhood/Public Safety Issues, City Hall, 7-10pm. 264-7336.

## 2 THURSDAY

Dale Scholl Dance/Art, "Crooners to Rappers: An Airwave Love Affair," 24th St. Theatre, 2791 24th St., 8pm, \$12. 483-4017.

Sacramento Symphony, "Jeans & Beer... A Night at the Opera," 7:30pm, Crest Theatre, \$17.50/person. 923-BASS.

Lesbian Support Group, 6:30-8pm, DeWitt Center, Auburn, 115112 B Ave., Ponderosa Rm. 632-7080.

Being Gay Today, Dr. Gregory M. Herek of UCD Community Research Group. Large Marge fulfills your entertainment needs! Sac Cable Channel 17, 10pm.

## 3 FRIDAY

Lambda Players present Christopher Durang's hysterical look at dysfunctional families *Baby With The Bathwater*. 8pm, Sierra Two Studio Theatre, 2791 24th St. 442-7752. Tickets avail. Community Center Ticket Office, 13th & L Sts.

Dykes Out Together reading group, discussion of "The Eight," 7pm, Shirley, 722-9838.

Country Western Dancing, Lessons 7:30; dancing until 10pm, \$2 donation, Central United Methodist Church, 53rd & H St. Info: 452-5016.

Dale Scholl Dance/Art, "Crooners to Rappers: An Airwave Love Affair," 24th St. Theatre, 2791 24th St., 8pm, \$12. 483-4017.

Classics at First, with violinist Hong-Ying Ho, pianist Richard Clonco, 1st Church of the Nazarene, 1820 28th St. & S. 10. 452-6171 or 457-3337.

Out Write '95, Boston Park Plaza Hotel & Towers, Boston, MA. Registration \$60/door. Info: 617-426-4469.

Being Gay Today, Dr. Gregory M. Herek of UCD Community Research Group. Large Marge fulfills your entertainment needs! Sac Cable Channel 17, 4pm.

## 4 SATURDAY

Lambda Players present Christopher Durang's hysterical look at dysfunctional families *Baby With The Bathwater*. 8pm, Sierra Two Studio Theatre, 2791 24th St. 442-7752. Tickets avail. Community Center Ticket Office, 13th & L Sts.

Dykes Out Together Potluck and "Serious Poker," 6pm, Ann, 927-6038.

Dale Scholl Dance/Art, "Crooners to Rappers: An Airwave Love Affair," 24th St. Theatre, 2791 24th St., 8pm, \$12. 483-4017.

Blues for AIDS Dance, Motherlode Fairgrounds, 8pm, \$8/advance, \$10/door. 209-533-3473 or 209-553-2873.

Folksinger Fred Small, Central United Methodist Church, 5265 H St., 7:30pm, \$10/door, \$8/advance. 482-3018.

Being Gay Today, Dr. Gregory M. Herek of UCD Community Research Group. Large Marge fulfills your entertainment needs! Sac Cable Channel 17, 10am.

Los Lobos in Concert, Community Center Theater, 8pm, \$19.50/\$32.50/\$40. 264-5181 or 923-BASS.

Booksigning, Local artist Wayne Thiebaud. 2pm, Crocker Art Museum, 216 O St., 264-7372.

Caron Vikre, live music, 9pm, Dukes Coffee Gallery, 2416 16th St. 444-5563.

Common Sense Dog Training, 6 week course with Joan Guertin. 9am Puppy Kindergarten, 11:30am Beginning Obedience, 12:45 intermediate. Bohemian Park. 485-2201.

## 5 SUNDAY

Dykes Out Together Orienteering (hiking with a compass), Goethe Park. Shirley, 722-9838.

Free Pool, 9pm, The Mirage, 15th & F. 444-3238.

Jack Miller, organ + recital, Pioneer Congregational Church, 2700 L St. 443-3727.

## 6 MONDAY

Peace Corps in Sacramento, 7pm, Newman Center, 5900 Newman Ct., across from CSUS. Info: 1-800-424-8580.

Sacramento City Council Committee Meetings on Neighborhood/Public Safety Issues, City Hall, 7-10pm. 264-7336.

The Hagen Quartet, Mozart, Schumann and Shostakovich, 8pm, Freeborn Hall, UCD.

Capitol AIDS Walk '95, Committee meeting, volunteers welcome! 6-7pm, SAF, 920 20th St. 2nd Floor, Georgia Maring, 448-2437.

## 7 TUESDAY

Capitol City Squares. Basic Square Dance Class with mainstream and plus tips. 6:30pm, Jefferson School, 2001 Peblewood Dr., South Natomas. George, 929-8697.

## 8 WEDNESDAY

Play It Safe. Safer Sex For Men In the '90s. Presented by Lonnie Miller, CARES Staff. 7-9pm, CARES, 2710 Capitol Ave.

Cris Williamson & Tret Fure, 8pm, \$16.50, The Palms, 726 Drummond, Davis.

Feast for the Street, benefit for St. Francis House, 5-8pm, Trinity Episcopal Cathedral, Capitol & 27th St. \$25. 443-2646.

The Arts of Asia, lecture series devoted to the arts from India to Thailand. 10am. Crocker Forum, 216 O St. 264-5423.

## 9 THURSDAY

CSUS Theatre Arts, Green Card, Mar 3-18; A Midsummer's Night Dream, Mar 24 - Apr 8; My Visits with MGM, Apr 28 - May 14. 6000 J Street, 278-6604.

Chalauqua Playhouse, 5325 Eagle Rd, Carmichael, 489-PLAY.

Coyote Theatre Company, Repertory: *Isn't It Romantic*, and *The Time At The End Of This Time*, Fri & Sat nights thru Mar 11, Sierrall, Rm 10 main bldg. Tickets \$12, Community Center Box Office, 13th & L St.

Garbeau's Dinner Theatre, Steel Magnolias, thru Mar 12. 12401 Folsom Blvd, 985-6361.

The Lambda Players, *Baby with the Bathwater*, Thru Mar 11; *Last Summer at Bluefish Cove*, Jun 16 -25. Tickets, \$10, Community Center Box Office, 13th & L Sts, \$12 at the door. 442-7752.

Sacramento Theatre Co, 1419 H St, 443-6722.

Short Center Repertory, STC Stage Two, 737-2709.

The Studio Theatre, *Closer Than Ever*, Feb. 14-Apr 9; *A Moon for the Misbegotten*, Mar 2 - Apr 9; *Marvin's Room*, Apr 27 - Jun 4; *As You Like It*, Jun 15 - Aug 6. Info: 448-2668.

Monday Night Melodrama, 111 K St, Old Sacramento, 442-5501.

Music Circus, A Little Night Music, Mar 28 - Apr 2; *Jelly's Last Jam*, July 10-16; *Heartbeats*, July 17-23; *The Music Man*, July 24-30; *Nunsense*, July 31-Aug 6; *The Wizard of Oz*, Aug 7-13; *Paint Your Wagon*, Aug 14-20; *The Pirates of Penzance*, Aug 21-27; *She Loves Me*, 446-5880.

Sacramento City Actor's Theatre, *Fences* Thru Mar 25; *Last In Yankers* Feb 21-May 13, 3835 Freeport Blvd., 558-2228.

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Sacramento Theatre Co, 1419 H St, 443-6722.

Short Center Repertory, STC Stage Two, 737-2709.

The Studio Theatre, *Closer Than Ever*, Feb. 14-Apr 9; *A Moon for the Misbegotten*, Mar 2 - Apr 9; *Marvin's Room*, Apr 27 - Jun 4; *As You Like It*, Jun 15 - Aug 6. Info: 448-2668.

Monday Night Melodrama, 111 K St, Old Sacramento, 442-5501.

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Lesbian Support Group, 6:30-8pm, DeWitt Center, Auburn, 115112 B Ave., Ponderosa Rm. 632-7080.

Film Festival Reception The Sacramento International Gay and Lesbian Film Festival reception to present proceeds from the Festival and kickoff for the '95 Festival. Anyone interested in helping with the '95 Festival is encouraged to attend. 6-8pm, Jammin' Jo's, 2721 Broadway, 444-5254.

Black Nations/Queer Nations? Working Conference, Graduate Center of the City University of New York, thru March 11. Info: 212-642-2923.

Momentum, from HRCF, Washington, DC and Outlook from the Bay area. Sac Cable Channel 17, 10pm.

Common Sense Dog Training, 6 week course with Joan Guertin. 6:30pm Beginning Obedience, 6:30 Intermediate. SPCA, 6201 Florin Perkins Rd., 485-2201.

Roi Partridge Exhibition Tour, lead by curator Janice T. Dreisbach and information on printmaking techniques. Library Gallery, 5:30pm. Crocker Museum, 216 O St, 264-5423.

## 10 FRIDAY

Lambda Players present Christopher Durang's hysterical look at dysfunctional families *Baby With The Bathwater*. Final weekend. 8pm, Sierra Two Studio Theatre, 2791 24th St. 442-7752. Tickets avail. Community Center Ticket Office, 13th & L Sts.

Country Western Dancing, Lessons 7:30; dancing until 10pm, \$2 donation, Central United Methodist Church, 53rd & H St. Info: 452-5016.

Sacramento Symphony, Geoffrey Simon, conductor; William Barbini, violin. 8pm, Community Center.

Momentum, from HRCF, Washington, DC and Outlook from the Bay area. Sac Cable Channel 17, 4pm.

Camellia Pin on Day at the State Capitol. All ladies visiting the Capitol will receive a camellia corsage courtesy the California State Capitol Volunteer Association and Capitol Museum.

## 11 SATURDAY

Lambda Players present Christopher Durang's hysterical look at dysfunctional families *Baby With The Bathwater*. Final night. 8pm, Sierra Two Studio Theatre, 2791 24th St. 442-7752. Tickets avail. Community Center Ticket Office, 13th & L Sts.

Singer/songwriter Kathryn Warner with guitarist/songwriter Sandy Ayala, Lioness Bookstore, 6:30pm, \$8-\$10/at-the-door.

Second Saturday Openings and Artists Receptions, call your favorite gallery.

Dykes Out Together, Beginning-intermediate cross country skiing, Eagle Mtn. Gail 927-1993.

Sacramento Symphony, Geoffrey Simon, conductor; William Barbini, violin. 8pm, Community Center.

American River College Art Gallery, Ken Waterstreet, paintings and drawings, thru Mar 17, 4700 College Oak Dr., Rm 503, 484-8399.

Archival Framing Gallery, "4 Banicians" Marilyn Bardel, Hedi Desuyo, Nand Steele, Carol Dalton, Mar 1-April 1; Andrew Martin and Corey Okada, April 4-29; "Gone Fishin'..." Ed Novinsky, D.L. Thomas, John Landgraf, Margaret Maye, Christopher Dewees, May 2-June 3; Terence Baxter, paintings & Craig Smith, small sculpture, June 5-July 1; "Introductions '95" July 5-30. 1729 L St, 444-9624.

African-American Art Gallery, Featuring Haitian artists and Accra, Ghana West African Artists, 3449 Watt Ave, 485-4516.

Barbetta's Beads, Inclusionists Beijing Circle, Mar 11-31; "Figure and Face" group show, Apr 8-30; Arthur Balderrama - new works, May 13-31; "Noise-makers" group show, Jun 10-30. 2316 J St. 443-4959.

Big Art, Theodor di Ricco, Metal works by Ioan Nagy, Thru Mar 3; Paul Dipasqua & Tony Natsoulas, "Bloaty & Squirmy," Mar 7 - 31. 1928 L St. 446-2740.

Blooming Art, Sharon Rhines, mixed media glass sculpture, thru Mar, 31, 1901 Capitol Ave., 442-3800.

Crocker Art Museum, "Fact or Fantasy?" thru March 12; "Image & Memory: Latin American Photography, 1880-1992," thru March 5; No. Calif. Youth Art Month Exhibition, March 16-May 14; Noh Masks by Adam Zollinger & the Ariake Mask Group of Japan, March 24-May 14. "Modern European Prints" Thru Mar; Roi Partridge etchings, Mar 10 - May 7 216 O St. 264-7372.

Duke's Coffee Gallery, "Still Movement" 14 Years of Sacramento Dance through Photography, Joan Liddical, thru March 10. 2416 16th St, 444-5563.

Fine Eye Gallery, Barb Campbell, clay primitives, thru Apr 30, 71 Main St., Sutter Creek, 209-267-0571.

Gloria Jean Artists Group Ivor Jay Steepin, Apr 14 - May 14; Selected works from the collections of Johnson & Wadsworth, Apr 14 & 16, Pearson Soda Works Bldg., 594 Main St., Placerville, 676-5532.

Masaka's Cafe, Louie "The Foot" Gonzalez, Silkscreens, Mar. 11, 2215 J St. 448-1717.

Matrix Gallery, Irene Belknap, Nancy McHone, Jonde Northcutt, March 8-April 1. 1725 L St. 441-4818.

Michael Himovitz Gallery, Joseph Bellacera, paintings; GUN SHOW: Artists' Interpretations of Guns, Alan Carrier, mixed-media Assemblage, Thru Mar 3. 1020 10th St, 448-8723.

Nelson Gallery, Selections from the Collection, Apr 9 - Jun 15; Master of Fine Arts Exhibitions, Jun 2 - 30. UCD, 752-8500.

Phantom Gallery, 1414 Del Paso Blvd. Fri-Sun 12-4pm

Pooser Galleries, 3449 Watt Ave, 485-4516.

Quicksilver Mine Co., David E. Meeker, acrylics & copper; Carl W. Hedberg, sculpture, thru Mar 12, 14028 Armstrong Woods Rd, Guerneville. 707-869-9357.

St. John's Lutheran Church, 30th Annual Religious Art Festival, April 29-May 14. Entry dates: April 21 and 22, 9am-5pm, 1723 L St. 444-0874.

Shenandoah Gallery, "Contemporary Art From Around the World," thru May 1, 12300 Steiner Rd, Plymouth 209-245-4455.

Solomon Dubnick Gallery, "A Look at Love" Group Valentine's Show, thru Mar 4; Sugar & Spice, Naughty & Nice, thru Mar 4.; David King, Sculpture, Melani McKim, drawings Mar 9 - Apr 1. 2131 Northrop, 920-4547.

Tasha's, Naked Knits, wearable art by Matthew Gatheringwater, thru March 11; Beads, Baubles and Bags by Sabra Originals. 1005 22nd St., 444-5159.

University Union Exhibits, 6000 J St., 278-6595.

CALL GALLERY FOR HOURS, ETC.

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Carnival of Orchids, Sacto Orchid Society's 41st Annual Spring Show & Sale, 10am-6pm, Scottish Rite Masonic Center, 6151 H St. \$3.

Egg Show and Sale, Egg art and jewelry, benefits Make A Wish. 10am-5pm, Holiday Inn, 5321 Date Ave., Bee 482-7214.

Momentum, from HRCF, Washington, DC and Outlook from the Bay area. Sac Cable Channel 17, 10am.

Teresa Trull, in concert. 8pm, IMA Cultural Center/Studio, 585 Salmon Creek Rd., Bodega, 707-876-3004.

AIDS Dance-A-Thon, S.F., 415-392-9255.

Mummers St. Patrick Day Parade Marching bands, floats and baton twirlers! 10am, Old Sacramento.

Jazz Concert Jimmy Smith, jazz organist. 8pm, CSUS Music Recital Hall,